

**HAC Novice3 (N3) (3 practices/week)
October 2018**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 BLACK Ryerson 7-8 pm GOLD Hill Park 7-8 pm	2 OFF	3 WHITE MacNab St YWCA 6-7 pm RED MacNab St YWCA 7-8 pm	4 BLACK Dalewood 6:30-7:30pm	5 WHITE MacNab St YWCA 6-7 pm RED MacNab St YWCA 7-8 pm GOLD Hill Park 7-8 pm	6 OFF
7 ALL N3s Central 9:30-10:30am	8 Thanksgiving OFF	9 OFF	10 WHITE MacNab St YWCA 6-7 pm RED MacNab St YWCA 7-8 pm	11 BLACK Dalewood 6:30-7:30pm	12 WHITE MacNab St YWCA 6-7 pm RED MacNab St YWCA 7-8 pm GOLD Hill Park 7-8 pm	13 OFF
14 ALL N3s Hill Park 1:30-2:30pm	15 BLACK Ryerson 7-8 pm GOLD Hill Park 7-8 pm	16 OFF	17 WHITE MacNab St YWCA 6-7 pm RED MacNab St YWCA 7-8 pm	18 BLACK Dalewood 6:30-7:30pm	19 WHITE MacNab St YWCA 6-7 pm RED MacNab St YWCA 7-8 pm GOLD Hill Park 7-8 pm	20 OFF RSVP here for Oct 28 Mock meet
21 ALL N3s Central 9:30-10:30am	22 BLACK Ryerson 7-8 pm GOLD Hill Park 7-8 pm	23 OFF	24 WHITE MacNab St YWCA 6-7 pm RED MacNab St YWCA 7-8 pm	25 BLACK Dalewood 6:30-7:30pm	26 WHITE MacNab St YWCA 6-7 pm RED MacNab St YWCA 7-8 pm GOLD Hill Park 7-8 pm	27 OFF
28 ALL N3s Central 8-9am ALL novice Mock Meet Central 9-10:30am HAC annual banquet	29 BLACK Ryerson 7-8 pm GOLD Hill Park 7-8 pm	30 OFF	31 Halloween OFF			

NOTES:

* Black, Gold, Red or White group is selected upon registration, any subsequent changes must get coaches approval 1st

Oct 8th - OFF for Thanksgiving holiday, enjoy!

Oct 14 - practice moved to Hill Park 1:30-2:30pm

Oct 28th - practiced moved up to 8-9am

Oct 28th - mock meet @ Central from 9-10:30am. Meets introduction/refresher. Parents can practice timing too!

Oct 28th - HAC Annual Banquet (Tickets purchased in advance) More details to come

Oct 31 - OFF for Halloween, enjoy!

RSVP deadlines:

Please RSVP for the Oct 28 mock meet by **Oct 20th**