

2018-2019

Senior-November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 8 - 10 am McMaster	29 5:45-7:30am Hill Park 5-6:30 pm Central	30 4-5:30 pm Hill Park	31 5:45-7:30am Hill Park HALLOWEEN	1 OFF	2 5:30-7:30 am McMaster 5-6:20 pm Dryland	3 2:00-5:00 Markham
4 12:00--3:00 Hill Park	5 5:45-7:30am Hill Park 5-6:30 pm Central	6 4-5:30 pm Hill Park	7 5:45-7:30am Hill Park	8 AGI	9 AGI	10 AGI
11 AGI	12 OFF	13 4-5:30 pm Hill Park	14 5:45-7:30am Hill Park	15 OFF	16 5:30-7:30 am McMaster 5-6:20 pm Dryland	17 6:00-9:00 B&G EVENT 4:00-7:00 BRANT
18 1:30 - 4 pm Hill Park	19 5:45-7:30am Hill Park 5-6:30 pm Central	20 4-5:30 pm Hill Park	21 5:45-7:30am Hill Park	22 OFF	23 5:30-7:30 am McMaster 5-6:20 pm Dryland	24 4:00-7:00 BRANT
25 1:30 - 4 pm Hill Park	26 5:45-7:30am Hill Park 5-6:30 pm Central	27 4 - 5:30 pm Hill Park	28 5:45-7:30am Hill Park	29 OFF	30 5:30-7:30 am McMaster 5-6:20 pm Dryland	1 4:00-7:00 BRANT

Notes: Coach Carmen Thorburn

2018-2019

Level 4-November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 8 - 10 am McMaster BANQUET	29 5:45-7:30am Hill Park	30 6-7:30 am YWCA	31 5:45-7:30am Hill Park HALLOWEEN	1 OFF	2 5:30-7:30 am McMaster	3 BURL INVITATIONAL 2:00-5:00 Markham
4 BURL INVITATIONAL 12:00-2:00 Hill Park	5 5:45-7:30am Hill Park	6 4 - 5:30 pm Hill Park swim/dry	7 5:45-7:30am Hill Park	8 OFF	9 BRANT SWIM INT	10 BRANT SWIM INT
11 BRANT SWIM INT	12 OFF	13 4 - 5:30 pm Hill Park swim/dry	14 5:45-7:30am Hill Park	15 OFF	16 5:30-7:30 am McMaster	17 6:00-9:00 McMaster B&G EVENT
18 8 - 10 am McMaster	19 5:45-7:30am Hill Park	20 4 - 5:30 pm Hill Park swim/dry	21 5:45-7:30am Hill Park	22 OFF	23 5:30-7:30 am McMaster	24 6 - 8 am McMaster
25 1:30 - 4 pm Hill Park	26 5:45-7:30am Hill Park	27 4 - 5:30 pm Hill Park swim/dry	28 5:45-7:30am Hill Park	29 OFF	30 5:30-7:30 McMaster	1 6 - 8 am McMaster

Notes: Coach Susana Escobar

2018-2019

Level 2-3 BLACK - November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 OFF BANQUET	29 6 - 7:30 am YWCA	30 5:30-7 pm Hill Park	31 5:45-7:30am Hill Park HALLOWEEN Level 3 Only	1 OFF	2 5:30-7:30 am McMaster	3 BURL INVITATIONAL
4 BURL INVITATIONAL	5 5-6:30 pm Central	6 5:30-7 pm Hill Park	7 5:45-7:30am Hill Park Level 3 Only	8 OFF	9 5:30-7:30 am McMaster	10 8:00-10:00 Central BRANT SWIM INT
11 BRANT SWIM INT	12 5:45-7:30am Hill Park	13 5:30-7 pm Hill Park	14 5:45-7:30am Hill Park Level 3 Only	15 OFF	16 5:30-7:30 am McMaster	17 6:00-9:00 McMaster B&G EVENT
18 OFF	19 5-6:30 pm Central	20 5:30-7 pm Hill Park	21 5:45-7:30am Hill Park Level 3 Only	22 OFF	23 5:30-7:30 am McMaster	24 OFF
25 8:00-9:30 Central	26 6 - 7:30 am YWCA	27 5:30-7 pm Hill Park	28 5:45-7:30am Hill Park Level 3 Only	29 OFF	30 5:30-7:30 am McMaster	1 6 - 8 am McMaster

Notes: Coach Sam Forrester

2018-2019

Junior-November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 8 - 10 am McMaster BANQUET	29 5:45-7:30am Hill Park 5-6:30 pm Central	30 6 - 7:30 am YWCA	31 5:45-7:30am Hill Park HALLOWEEN	1 OFF	2 5:30-7:30 am McMaster	3 BURL INVITATIONAL 2:00-5:00 Markham
4 BURL INVITATIONAL 12:00-2:00 Hill Park	5 5:45-7:30am Hill Park 5-6:30 pm Central	6 4-5:30 pm Hill Park swim/dry	7 5:45-7:30am Hill Park	8 OFF	9 BRANT SWIM INT	10 BRANT SWIM INT
11 BRANT SWIM INT	12 OFF	13 4-5:30 pm Hill Park swim/dry	14 5:45-7:30am Hill Park	15 OFF	16 5:30-7:30 am McMaster	17 6:00-9:00 McMaster B&G EVENT
18 8 - 10 am McMaster	19 5:45-7:30am Hill Park 5-6:30 pm Central	20 4-5:30 pm Hill Park swim/dry	21 5:45-7:30am Hill Park	22 OFF	23 5:30-7:30 am McMaster	24 6 - 8 am McMaster
25 1:30 - 4 pm Hill Park	26 5:45-7:30am Hill Park 5-6:30 pm Central	27 4-5:30 pm Hill Park swim/dry	28 5:45-7:30am Hill Park	29 OFF	30 5:30-7:30 am McMaster	1 6 - 8 am McMaster

Notes: Coach Susana Escobar

2018-2019

Level 3 Gold-November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 8 - 10 am McMaster BANQUET	29 5:45-7:30am Hill Park	30 4 - 5:30 pm Hill Park	31 5:45-7:30am Hill Park HALLOWEEN	1 OFF	2 OFF	3 BURL INVITATIONAL
4 BURL INVITATIONAL	5 5:45-7:30am Hill Park	6 4 - 5:30 pm Hill Park	7 5:45-7:30am Hill Park	8 OFF	9 OFF	10 8:00-10:00 Central
11 12:00-1:30 Hill Park	12 5:00-6:30 Central	13 4 - 5:30 pm Hill Park	14 5:45-7:30am Hill Park	15 OFF	16 OFF	17 6:00-9:00 McMaster B&G EVENT
18 8:00-10:00 McMaster	19 5:45-7:30am Hill Park	20 4 - 5:30 pm Hill Park	21 5:45-7:30am Hill Park	22 OFF	23 OFF	24 6 - 8 am McMaster
25 1:30 - 4 pm Hill Park	26 5:45-7:30am Hill Park	27 4 - 5:30 pm Hill Park	28 5:45-7:30am Hill Park	29 OFF	30 OFF	1 6 - 8 am McMaster

Notes: Coach Susana Escobar

2018-2019

Level 2 Gold-November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 8:30-10 am McMaster BANQUET	29 5-6:30 pm Central	30 OFF	31 6:00-7:30 am YWCA HALLOWEEN	1 OFF	2 OFF	3 BURL INVITATIONAL
4 BURL INVITATIONAL	5 6:00-7:30 am YWCA	6 OFF	7 6-7:30 am YWCA	8 OFF	9 OFF	10 8 - 10 am Central
11 8 -9:30 am Central	12 5-6:30 pm Central	13 OFF	14 6-7:30 am YWCA	15 OFF	16 OFF	17 6:00-9:00 McMaster B&G EVENT
18 8 -9:30 am Central	19 6:00-7:30 am YWCA	20 OFF	21 6-7:30 am YWCA	22 OFF	23 OFF	24 8 - 10 am Central
25 8 -9:30 am Central	26 5-6:30 pm Central	27 OFF	28 6-7:30 am YWCA	29 OFF	30 OFF	1 8 - 10 am Central

Notes: Coach Melanie Price

2018-2019

Hybrid Performance-November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 8 - 10 am McMaster BANQUET	29 5:45-7:30am Hill Park	30 4-5:30 pm Hill Park	31 5:45-7:30am Hill Park HALLOWEEN	1 OFF	2 OFF	3 2:00-5:00 Markham
4 12:00-1:30 Hill Park	5 5:45-7:30am Hill Park	6 4-5:30 pm Hill Park	7 5:45-7:30am Hill Park	8 OFF	9 AGI	10 AGI
11 AGI	12 OFF	13 4-5:30 pm Hill Park	14 5:45-7:30am Hill Park	15 OFF	16 OFF	17 6:00-9:00 McMaster B&G EVENT
18 8:30-10 am McMaster	19 5:45-7:30am Hill Park	20 4-5:30 pm Hill Park	21 5:45-7:30am Hill Park	22 OFF	23 OFF	24 6 - 8 am McMaster
25 1:30 - 3 pm Hill Park	26 5:45-7:30am Hill Park	27 4-5:30 pm Hill Park	28 5:45-7:30am Hill Park	29 OFF	30 OFF	1 6-7:30 am McMaster

Notes: Coach Carmen Thorburn

2018-2019

Level 1 Black -November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 8:30-10 am McMaster BANQUET	29 OFF	30 5:30-7 pm Hill Park	31 OFF HALLOWEEN	1 OFF	2 OFF	3 OFF
4 BURL INVITATIONAL	5 OFF	6 5:30-7 pm Hill Park	7 6:30-8 pm Ryerson	8 OFF	9 OFF	10 OFF
11 12:00-1:30 Hill Park	12 OFF	13 5:30-7 pm Hill Park	14 6:30-8 pm Ryerson	15 OFF	16 OFF	17 6:00-9:00 McMaster B&G EVENT
18 8:30-10 am McMaster	19 OFF	20 5:30-7 pm Hill Park	21 6:30-8 pm Ryerson	22 OFF	23 OFF	24 OFF
25 12:00-1:30 Hill Park	26 OFF	27 5:30-7 pm Hill Park	28 6:30-8 pm Ryerson	29 OFF	30 OFF	1 OFF

Notes: Coach Lisa Hodge

2018-2019

Level 1 GOLD - November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 8:30-10 am McMaster BANQUET	29 OFF	30 4-5:30 pm Hill Park	31 OFF HALLOWEEN	1 OFF	2 OFF	3 BURL INVITATIONAL
4 BURL INVITATIONAL	5 OFF	6 7:30-9 pm YWCA	7 6-7:30 pm Ryerson	8 OFF	9 OFF	10 OFF
11 12:00-1:30 Hill Park	12 OFF	13 7:30-9 pm YWCA	14 6-7:30 pm Ryerson	15 OFF	16 OFF	17 6:00-9:00 McMaster B&G EVENT
18 8:30-10 am McMaster	19 OFF	20 7:30-9 pm YWCA	21 6-7:30 pm Ryerson	22 OFF	23 OFF	24 OFF
25 12:00-1:30 Hill Park	26 OFF	27 7-8:30 pm YWCA	28 6-7:30 pm Ryerson	29 OFF	30 OFF	1 OFF

Notes: Coach Mike Butler