

2017-2018

Level 3 BLACK - May 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 8:00-10:00 McMaster	30 "open dryland" 6:30-7:30 <i>PJ</i>	1 4:40-7:00 PJ/Hill Park dry/swim	2 6:00-8:00 Ryerson	3 OFF	4 Amanda Reason TEAM TRIP	5 Amanda Reason TEAM TRIP
6 Amanda Reason	7 "open dryland" 6:30-7:30 <i>PJ</i>	8 4:40-7:00 PJ/Hill Park dry/swim	9 5:30-7:30 Hill Park	10 OFF	11 JACK MAC	12 JACK MAC
9-11 am Hill Park						
13 JACK MAC	14 "open dryland" 6:30-7:30 <i>PJ</i>	15 4:40-7:00 PJ/Hill Park dry/swim	16 5:30-7:30 Hill Park	17 OFF	18 5:30-7:00 McMaster	19 7:00-9:00 McMaster
20 8:00-10:00 McMaster	21 OFF VICTORIA DAY	22 4:40-7:00 PJ/Hill Park dry/swim	23 5:30-7:30 Hill Park	24 OFF	25 5:30-7:00 McMaster	26 7:00-9:00 McMaster
27 8:00-10:00 CENTRAL	28 "open dryland" 6:30-7:30 <i>PJ</i>	29 4:40-7:00 PJ/Hill Park dry/swim	30 5:30-7:30 Hill Park	31 OFF	1 5:30-7:00 McMaster	2 7:00-9:00 McMaster

Notes: Coach Priscy Escobar