

2018 HAC INVITATIONAL

2018 HAC SPRING INVITATIONAL

April 6th- 8th 2018

AT MCMASTER UNIVERSITY
IVOR WYNNE CENTRE

Hosted by



GENERAL INFORMATION

- DATE:** April 6-April 8,2018
- HOSTED BY:** Hamilton Aquatic Club
- LOCATION:** McMaster University, Ivor Wynne Centre
1280 Main Street West
Hamilton, Ontario, L8M 1E2
905-525-9140 ext 24612
- FACILITY:** Pool: 50 metre, 6 lane pool
Colorado Electronic Timing System
6-Lane Electronic Scoreboard
Seating: 700 spectators
- COMPETITION:** Swim Ontario sanctioned
- OFFICIALS:** Meet Manager: Scott Hunt hunt4scott@gmail.com
Competition Coordinator: Paul Leslie
Officials Chair: Lisa Hodge squarepegs1@yahoo.com

ELIGIBILITY & ENTRIES

DEADLINES:

- **Entry Deadline:** Seeding will be finalized on Monday April 2, 2018. Entries after April 2nd will be entered, space permitting, but optimal seeding is not guaranteed.
- **Scratch Deadline: Thursday March 29, 2017 (no refunds after this date).** The scratch deadline is set so that there is time to book clubs on the waiting list. As such, MEET ENTRY FEES ARE STILL DUE FOR SWIMS SCRATCHED AFTER THE SCRATCH DEADLINE.

ENTRY FEES:

- \$7.00 per swimmer splash fee.
- \$10.00 per swim for all other events.
- Cheques are payable to: HAMILTON AQUATIC CLUB

ELIGIBILITY:

- All athletes must be registered as Competitive swimmers with SNC, or any other amateur swimming organization recognized by FINA. A valid SNC registration number is required for all Canadian swimmers, and entries without a SNC registration number will be declined. Registration numbers and DOB must be included in the entry file.

ENTRY LIMITATIONS:

- There are no limits to the number of swims per swimmer, however, swimmers *cannot* enter both the 800 free and 1500 free events.
- Deck entries (\$10) will be accepted at the discretion of the meet manager; fee(s) paid in cash that day.

SWIMMERS' AGE: As of April 6, 2018 (first day of the competition)

QUALIFYING STANDARDS:

- There are no qualifying standards.
- **Due to time restraints 400 seed times of 5:05:00 and under will swim single swimmer per lane and 800 seed times of 10:15.00 and under will swim single swimmer per lane. All others will be doubled.**
- To plan the meet properly we cannot accept NT (no times) for the 400 FR, 800 FR, 1500 FR and 400 IM events. Coaches must include a time for all swimmers for these events. Estimated times from a practice for swimmers who do not have an up-to-date time for these events are acceptable. Where necessary, we will be swimming the 1500 FR at the same time as the 800 FR.

ENTRY SUBMISSIONS:

- All entries must be in Hy-tek format and submitted via www.swimming.ca.
- No entries will be accepted directly to meet management.
- Please ensure all entries contain valid 9-digit Swim Ontario ID registration numbers.
- For your team to be registered in this competition, you must have received an **e-mail confirmation** indicating receipt of your entries.

MEET RESULTS:

- Results will be available on our web site www.hamiltonaquaticclub.ca.
- Results will be forwarded to www.swimming.ca within 48 hours of the completion of the meet.
- Unofficial results can be viewed live during the meet on MEET MOBILE by i-pad, i-phone, i-pod and android or BlackBerry phones/tablets with internet connection. MEET MOBILE is *no longer* FREE.

MEET FORMAT:

GENERAL INFORMATION:

- Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on deck.
- Lanes 1&6 will be set up as sprint lanes for the last third of the warm-up.
- All events are long course timed finals.
- The procedure for obtaining an 'Official Split' now requires that coaches make the request to the session referee or meet management on the "Official Split Request" form prior to the race.
- Meet Management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question and may be asked to supply qualified timers.
- The only meet package which will be considered as valid must be the most current version found on www.swimming.ca
- Morning and afternoon sessions on the weekend offer most of the same events.
- Results from duplicate events will be merged and posted by age groups and gender.
- Clubs can have all their athletes at the same session or split them. If splitting them, generally clubs select mornings for the older athletes. For larger clubs, we would recommend splitting your team between the morning and afternoon sessions.
- Clubs are not permitted to enter a swimmer in the same event twice.
- Please contact the Meet Manager when entries are submitted if a swimmer is attempting to break a record.

SEEDING:

- The host seeks an exemption from the requirement to swim events in gender separated events due to facility or time limitations, swimming separated by gender would not permit all swims to be completed while offering reasonable opportunities to swim for all participants, and on an equitable basis for swimmers of each gender.
- Meet will be senior seeded; heats swum fastest to slowest

AGE CLASSIFICATIONS:

- Individual events: 10 & Under, 11-12, 13-14, 15 & Over

AWARDS:

- Ribbons - 1st through 6th for individual events.
- **High point trophy** for each age & gender classification. Scoring for each individual event will be 8 points for 1st, 5 points for 2nd, 4 points for 3rd, 3 points for 4th, 2 points for 5th, 1 point for 6th. Each swimmer's total points will be the summed to determine the high point winners. High Point ties will be decided, between swimmers with tied total points scored based on the swimmer who has the most points for first places and then after that, the swimmer with the most seconds, and so on until there is a clear high point winner. If all else fails, we will proclaim a high point winner based on the swimmer whose total meters swum (over all events) is the highest. There is no maximum limit of swims.

RECORDING OF AN EVENT:

- Only individuals that have made application and received authorization to record the event, in any manner, in any medium or context known or unknown or hereafter developed, shall be granted access and permission to do so. Please contact meet management for application and authorization.

COACHES REGISTRATION:

- Meet management will cross reference the list of coaches in attendance at this competition with the [Swim Ontario Compliancy list](#). If a coach is not on the list, meet management is obligated to enforce the SNC policy and not permit the coach to attend the meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.

HAMILTON AQUATIC CLUB TERMS & CONDITIONS

Meet management reserves the right to limit entries at their discretion to comply with Club policies and to balance the loading of the sessions and ensure a successful completion of the meet in accordance with the Swim Ontario mandated timelines.

Fees for scratched entries that are made after the scratch deadline are still due. **Scratches must be reported 30 min prior to the 1st race of the session.** Meet Management reserves the right to scratch (with no refund) the balance of a swimmer's events from the rest of the session in the case of a "no-show."

Photographers must obtain authorization from meet management before the start of event to access the deck. Only swimmers, certified coaches, officials, and authorized person are allowed on deck.

Participating clubs are requested to provide officiating support during the sessions they attend. Please contact Lisa Hodge for further information: squarepegs1@yahoo.com

ACCOMMODATIONS:



Visitors Inn – 649 Main Street West, Hamilton, Ontario 1-800-387-4620 online:

www.visitorsinn.com or e-mail: reservations@visitorsinn.com

This is the closest and most convenient hotel to the pool at McMaster University.

It offers luxury at affordable prices.

Space is limited. Please call to reserve before the meet.

COMPETITION RULES:

- All current Swim/National Canada (SNC) rules will apply
- Sanctioned by Swim Ontario.
- Please note that **Swimming Canada Competition War-Up Safety Procedures** will be in effect. Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed without warning from their first individual event following the warm-up period in which the violation occurred. They may also receive a verbal warning from the Safety Marshal. Swimmers receiving verbal warnings will have their names and clubs registered with the Meet Manager.
- In the case of a second offense during the same competition the swimmer may be removed from the remainder of the competition.

VIOLATIONS:

- It is recognized that there is a level of interpretation and common sense that must be applied when applying these guidelines. Diving headfirst quietly into an empty pool at the start of warm-up is not the same as diving headfirst into a crowded lane. Judgment and context is required.
- The full document can be viewed [HERE](#).

SAFETY MARSHALS:

- The Safety Marshal is a trained position designated by Meet Management. Safety Marshals shall:
 - Be visible by safety vest.
 - Be situated at each end of the competition pool and when applicable.
 - Actively monitor all scheduled warm-up periods.
 - Ensure participants comply with warm-up safety procedures and report violations to the Referee.
 - Safety Marshals have a role to help work with coaches and swimmers to ensure a safe warm-up environment. This may include educating a younger swimmer on the rules or communicating a concern to a coach.
 - The full document can be viewed [HERE](#).
- For club and provincial meets, a swimsuit that covers more of the body such as modesty swimwear or religious cover-ups is permitted providing that the fabric is permeable open mesh textile material and does not give the swimmer an advantage. The full interpretation can be viewed [HERE](#). Advanced notification or for clarification of interpretation please see the Competition Coordinator.

ORDER OF EVENTS:**FRIDAY April 6, 2018****SESSION 1****Warm Up*: 5:00 – 5:45 PM Start: 5:50 PM**

<u>Number</u>	<u>Event</u>
100	100 BREASTSTROKE
101	200 I.M.
102	800 FREESTYLE
103	1500 FREESTYLE

SATURDAY April 7, 2018**SESSION 2****Warm Up*: 9:00 - 9:55 AM Start: 10:00 AM**

<u>Number</u>	<u>Event</u>
204	200 BREASTSTROKE
205	100 BACKSTROKE
206	200 FREESTYLE
207	100 BUTTERFLY
208	50 BACKSTROKE
209	50 FREESTYLE
210	400 I.M

SESSION 3**Warm Up*: 2:30-3:15 PM Start: 3:20 PM**

<u>Number</u>	<u>EVENT</u>
304	200 BREASTSTROKE
305	100 BACKSTROKE
306	200 FREESTYLE
307	100 BUTTERFLY
308	50 BACKSTROKE
309	50 FREESTYLE
310	400 I.M

SUNDAY April 8, 2018**SESSION 4****Warm Up*: 8:00 – 8:45 AM Start: 8:50 AM**

<u>Number</u>	<u>Event</u>
412	200 BUTTERFLY
413	100 FREESTYLE
414	200 BACKSTROKE
416	50 BUTTERFLY
417	50 BREASTSTROKE
418	400 FREESTYLE

SESSION 5**Warm Up*: 12:00 - 12:55 PM Start: 1:00 PM**

<u>Number</u>	<u>Event</u>
512	200 BUTTERFLY
513	100 FREESTYLE
514	200 BACKSTROKE
516	50 BUTTERFLY
517	50 BREASTSTROKE
518	400 FREESTYLE



Aquatic Event Guidelines

Welcome to McMaster University for your aquatic event! McMaster University hosts many athletic events as well as academic programmes. We appreciate your assistance in helping us maintain operations for students, faculty and facility members during your event by following the procedures and use guidelines listed below.

- Participants must use the Ivor Wynne Centre change rooms only. David Braley Athletic Centre change rooms are off limits to all participants.
- We recommend the use of locks on all lockers used by participants in the Ivor Wynne Centre change rooms.
- Athletes and officials are not permitted to use the elevators in the Ivor Wynne Centre or David Braley Athletic Centre unless they have a disability and cannot use the stairs.
- Participants and spectators must wear clothing and footwear at all times when not on the pool deck (swim suits alone are not permitted).
- Food is not permitted on the pool deck at any time for participant consumption with the exception of drinks provided for the officials working at the event.
- Glass of any kind is not permitted on the pool deck.
- Entries into the water must be foot first at all times with the exception of the last few minutes of the meet warm up (deep end only) and the actual competition.
- No diving off the starting blocks or bulkhead during warm-ups with the exception of the last few minutes of warmups as designated by the event officials.
- The use of flippers and hand paddles, during warm-ups is prohibited.
- Athletes that are not competing must remain in the pool area, pool gallery, change rooms or food concession areas only. Athletes are not to hinder the normal operation of the facility.
- Coaches are directly responsible for the supervision of their athletes at all times. This includes the pool area, change rooms, hallways and all other areas of the Ivor Wynne Centre and David Braley Athletic Centre.
- All buses and cars must be parked in appropriate parking lots.
- Please put trash and recycling items in the appropriate marked containers.

Thank you!