

## HAC Novice3 (N3) (3 practices/week)

March 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 RED/BLUE TBD	2 WHITE MacNab St YWCA 6-7 pm BLACK MacNab St YWCA 7-8 pm GOLD Hill Park 7-8 pm	3  OFF
4 BLACK, RED & BLUE Central 8:30-9:30am GOLD & WHITE Central 9:30-10:30am	5 RED Ryerson 7-8 pm GOLD Hill Park 7-8 pm	6 BLUE J.Thompson 7-8 pm	7 WHITE MacNab St YWCA 6-7 pm BLACK MacNab St YWCA 7-8 pm	8 RED/BLUE TBD	9 WHITE MacNab St YWCA 6-7 pm BLACK MacNab St YWCA 7-8 pm GOLD Hill Park 7-8 pm	10  OFF
11 March Break OFF	12 March Break OFF	13 March Break OFF	14 March Break OFF	15 March Break OFF	16 March Break OFF	17 March Break OFF
18 BLACK, RED & BLUE Central 8:30-9:30am GOLD & WHITE Central 9:30-10:30am	19 RED/BLUE Ryerson 7-8 pm GOLD Ancaster 6:30-7:30pm	20  OFF	21 WHITE MacNab St YWCA 6-7 pm BLACK MacNab St YWCA 7-8 pm	22 RED/BLUE TBD	23 WHITE MacNab St YWCA 6-7 pm BLACK MacNab St YWCA 7-8 pm GOLD Ancaster 5:30-6:30pm	24 Swim-a-thon @ Laurier Black,Red&Blue 3-4pm White&Gold 4-5pm  HAC Spring Invt'l scratch deadline
25 BLACK, RED & BLUE Central 8:30-9:30am GOLD & WHITE Central 9:30-10:30am	26 RED/BLUE Ryerson 7-8 pm GOLD Ancaster 6:30-7:30pm	27  OFF	28 WHITE MacNab St YWCA 6-7 pm BLACK MacNab St YWCA 7-8 pm	29 RED/BLUE TBD	30  Good Friday OFF	31  OFF
1-Apr BLACK, RED & BLUE Central 8:30-9:30am GOLD & WHITE Central 9:30-10:30am	2-Apr  Easter Monday OFF	3-Apr  OFF	4-Apr WHITE MacNab St YWCA 6-7 pm BLACK MacNab St YWCA 7-8 pm	5-Apr RED/BLUE TBD	6-Apr WHITE MacNab St YWCA 6-7 pm BLACK MacNab St YWCA 7-8 pm GOLD TBD	7-Apr  HAC Spring Invitational @ McMaster Apr 7&8 sessions TBD

**NOTES:**

*\*Black, Gold, Red, White or Blue group is selected upon registration, any subsequent changes must get coaches approval 1st*

Dalewood is expected to be closed now for rest of March - alternative To Be Determined - Please attend Friday as previously emailed until further notice

Mar 12-18 - OFF for March Break

As of Mar 19, Jimmy Thompson will be closed for the rest of the season, Blue group will no longer swim Tues but merge with Red on Monday at Ryerson 7-8pm

Hill Park is closed for 3 weeks starting Mar 19, during this closure Gold group will have the following make-ups:

- Mar 19 @ Ancaster pool from 6:30-7:30pm
- Mar 23 @ Ancaster pool from 5:30-6:30pm
- Mar 26 @ Ancaster pool from 6:30-7:30pm
- Apr 6 - TBD

Mar 24 - Swim-a-thon @ Laurier 3-5pm

Mar 30 & Apr 2 - OFF for Good Friday & Easter Monday - Enjoy!

Apr 6 & 7 - HAC Spring Invt'l @ McMaster - sessions TBD

**RSVP deadlines:**

Please notify Melanie by the Mar 24th scratch deadline if not attending the HAC Spring Invt'l meet on Apr 7-8 to avoid fees