

**2017-2018**

**Level 3 BLACK - March 2018**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>25</b> <b>8:00-10:00</b> <b>Central</b> <b>swim</b>	<b>26</b> "open dryland" 6:30-7:30 <i>PJ</i>	<b>27</b> 4:40-7:00 Hill Park swim/dry	<b>28</b> 6:00-8:00 Ryerson	<b>1</b> OFF	<b>2</b> 5:30-7:00 McMaster	<b>3</b> 7:00-9:00 McMaster
<b>4</b> 8:00-10:00 McMaster	<b>5</b> "open dryland" 6:30-7:30 <i>PJ</i>	<b>6</b> 4:40-7:00 Hill Park swim/dry	<b>7</b> 6:00-8:00 Ryerson	<b>8</b> OFF	<b>9</b> 5:30-7:00 McMaster	<b>10</b> 7:00-9:00 McMaster
<b>11</b> 8:00-10:00 McMaster	<b>OFF</b>	<b>MARCH BREAK</b>		<b>OFF</b>	<b>OFF</b>	<b>OFF</b>
<b>18</b> 8:00-10:00 McMaster	<b>19</b> "open dryland" 6:30-7:30 <i>PJ</i>	<b>20</b> <b>4:30-6:00</b> <b>PL</b>	<b>21</b> 6:00-8:00 Ryerson	<b>22</b> OFF	<b>23</b> 5:30-7:00 McMaster	<b>24</b> 7:00-9:00 McMaster <b>Swimathon</b>
<b>25</b> 8:00-10:00 McMaster	<b>26</b> "open dryland" 6:30-7:30 <i>PJ</i>	<b>27</b> <b>5:15-6:45</b> <b>Dundas Pool</b>	<b>28</b> 6:00-8:00 Ryerson	<b>29</b> OFF	<b>30</b> <b>OFF</b> <b>GOOD</b> <b>FRIDAY</b>	<b>31</b> 7:00-9:00 McMaster
<b>1</b> <b>8:00-10:00</b> <b>Central</b>	<b>2</b> <b>OFF</b> <b>EASTER</b> <b>MONDAY</b>	<b>3</b> <b>TBD</b>	<b>4</b> 6:00-8:00 Ryerson	<b>5</b> OFF	<b>6</b> HAC Invitational Meet	<b>7</b> HAC Invitational Meet

**Notes:** Coach Priscy Escobar