

**2017-2018**  
**Level 1 GOLD - March 2018**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 OFF	26 7:00-8:00 Ryerson	27 OFF	28 OFF	1 6:30-8:00 JT	2 OFF	3 6:00-8:00 McMaster
4 OFF	5 7:00-8:00 Ryerson	6 OFF	7 OFF	8 6:30-8:00 JT	9 OFF	10 6:00-8:00 McMaster
11 OFF	12 OFF	13 MARCH BREAK		14 OFF	15 OFF	16 OFF
18 8:00-10:00 McMaster	19 5:00-6:00 Dundas Pool	20 OFF	21 OFF	22 OFF	23 OFF	24 6:00-8:00 McMaster Swimathon
25 OFF	26 5:00-6:00 Dundas Pool	27 5:45-7:15 Ancaster	28 OFF	29 OFF	30 OFF GOOD FRIDAY	31 6:00-8:00 McMaster
1 OFF	2 OFF EASTER MONDAY	3 TBD	4 OFF	5 TBD	6 HAC Invitational Meet	7 HAC Invitational Meet

**Notes:** Coach Sam Forrester