

HOB Swim Meet Cambridge @ Hamilton

Saturday

March 3rd, 2018

Hosted by the

HAMILTON AQUATIC CLUB



MEET DETAILS:

LOCATION: Westmount Recreation Centre
35 Lynbrook Drive
Hamilton, Ontario, L9C 2K6
905-546-4932

FACILITY: Eight Lane, 25 metre pool, with bleacher seating

SANCTION: Approval provided by Swim Ontario. The only meet package which will be considered as valid must be the most current version found on www.swimming.ca

MEET MANAGER: Doris Forrester dorisforrester@gmail.com

OFFICIALS COORDINATOR: Elsa Lindfield hac.elsa@gmail.com

COMPETITION COORDINATOR: Brad Knowles

ELIGIBILITY: Novice, Pre-competitive level swimmers working towards Regional times.

NOTE: *Pre-competitive swimmers must be registered with Swim Ontario and will swim as exhibition only. These swimmers are limited to compete once during the swim season as per Swim Ontario guidelines.*

ENTRY LIMITATIONS:

Each swimmer is limited to one distance per stroke and a maximum of **5 events** plus a relay.
Entries limited to swimmers that have not achieved a Provincial Level C time in the requested event.

ENTRY FEES:

For Cambridge and Hamilton swimmers: **\$7.00 per swimmer.**

Other attending clubs' fees are: **\$12.00 per swimmer**

Cheques should be made payable to **Hamilton Aquatic Club.**

ENTRIES:

Entries must be submitted via the online entry system through www.swimming.ca

Deck entries will be accepted at the discretion of the meet manager.

Dates of birth and valid SNC numbers are mandatory for each swimmer.

Receipt confirmation of your entries will be sent via e-mail.

ENTRY DEADLINES: Entries must be received by **Tuesday, February 27th, 2018.** Entries received after this date will still be accepted at the discretion of the meet manager. The scratch deadline is **Thursday March 1st, 2018.** There is no additional penalty for scratching after the deadline, but entry fees are still due for the swimmers that scratch after the deadline.

AGE GROUPINGS:

BOYS: 8&Under, 9&10, 11&12, 13&Over.

GIRLS: 8&Under, 9&10, 11&12, 13&Over.

Age for this competition is based on age as of the first day of competition.

MEET RESULTS: At the conclusion of the meet, results will be posted within 48 hours to the www.swimming.ca website.

MEET AWARDS: Best Time Ribbons will be given to each swimmer for each event where a new best time is achieved. A "NT" entry with a finish time will receive a best time ribbon.

RECORDING OF AN EVENT:

- Only individuals that have made application and received authorization to record the event, in any manner, in any medium or context known or unknown or hereafter developed, shall be granted access and permission to do so. Please contact meet management for application and authorization.

COACHES REGISTRATION:

- Meet management will cross reference the list of coaches in attendance at this competition with the [Swim Ontario Compliancy list](#). If a coach is not on this list, meet management is obligated to enforce the SNC policy and *not permit that coach to attend the meet.* Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.

Meet management reserves the right to limit entries at their discretion to comply with Club policies and in order to balance the loading of the sessions and ensure a successful completion of the meet in accordance with the Swim Ontario mandated timelines.

COMPETITION RULES:

Sanctioned by Swim Ontario.

All current Swimming/Natation Canada (SNC) rules will be followed.

Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in effect. The full document can be viewed [HERE](#).

For club and provincial meets, a swimsuit that covers more of the body such as modesty swimwear or religious cover-ups is permitted providing that the fabric is permeable open mesh textile material and does not give the swimmer an advantage. The full interpretation can be viewed [HERE](#). Advanced notification or for clarification of interpretation please see the Competition Coordinator.

WARM UPS: 5:00 p.m. to 5:50 p.m.

START TIME: 6:00 p.m. (expected to finish at approximately 9:30 p.m.)

ORDER OF EVENTS:

<u>Girls</u>	<u>INDIVIDUAL EVENTS</u>	<u>Boys</u>
1	100 Free	2
3	50 Free	4
5	25 Free	6
7	100 Back	8
9	50 Back	10
11	25 Back	12
13	50 Breast	14
15	25 Breast	16
17	25 Fly	18
19	50 Fly	20
21	100 IM	22
23	200 IM	24
25	75 IM	26
	Relays	
27	4x50 Free Relay (11& over, mixed gender)	
28	4x50 Medley Relay (11& over, mixed gender)	
29	4x25 Free Relay (10& under, mixed gender)	
30	4x25 Medley Relay (10& under, mixed gender)	

**Girls and Boys individual events may be swum combined at the discretion of meet management.*