

**HAC Novice2 (N2) (2 practices/week)
January 2017**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
← HOLIDAY BREAK →						
	OFF	OFF	OFF	OFF	OFF	OFF
7	8	9	10	11	12	13
	RED Ryerson 7-8 pm	BLUE J.Thompson 7-8 pm	WHITE MacNab St YWCA 6-7 pm	RED Dalewood 6:30-7:30pm	WHITE MacNab St YWCA 6-7 pm	OFF
Novice skills circuit Hill Park 11am-noon	GOLD Hill Park 7-8 pm		BLACK MacNab St YWCA 7-8 pm	BLUE Dalewood 6:30-7:30pm	BLACK MacNab St YWCA 7-8 pm	
					GOLD Hill Park 7-8 pm	
						RSVP for Jan 28 meet
14	15	16	17	18	19	20
OFF	RED Ryerson 7-8 pm	BLUE J.Thompson 7-8 pm	WHITE MacNab St YWCA 6-7 pm	RED Dalewood 6:30-7:30pm	WHITE MacNab St YWCA 6-7 pm	OFF
	GOLD Hill Park 7-8 pm		BLACK MacNab St YWCA 7-8 pm	BLUE Dalewood 6:30-7:30pm	BLACK MacNab St YWCA 7-8 pm	
					GOLD Hill Park 7-8 pm	
21	22	23	24	25	26	27
OFF	RED Ryerson 7-8 pm	BLUE J.Thompson 7-8 pm	WHITE MacNab St YWCA 6-7 pm	RED Dalewood 6:30-7:30pm	WHITE MacNab St YWCA 6-7 pm	OFF
	GOLD Hill Park 7-8 pm		BLACK MacNab St YWCA 7-8 pm	BLUE Dalewood 6:30-7:30pm	BLACK MacNab St YWCA 7-8 pm	
					GOLD Hill Park 7-8 pm	
28	29	30	31			
N2 SWIM MEET HAC vs CAJ @ <u>Wayne Gretzky</u> Centre in <u>Brantford</u> 8am-noon	RED Ryerson 7-8 pm	BLUE J.Thompson 7-8 pm	WHITE MacNab St YWCA 6-7 pm			
	GOLD Hill Park 7-8 pm		BLACK MacNab St YWCA 7-8 pm			

NOTES:

*Black, Gold, Red, White or Blue group is selected upon registration, any subsequent changes must get coaches approval 1st

Dec 23 - Jan 6th - Holiday Break - Enjoy!

Jan 7 - all novice welcome to participate in dive & turn clinic at Hill Park 11 am-noon

Jan 28 - Novice swim meet - HAC vs CAJ @ Wayne Gretzky Centre in Brantford 8:00 am warm-up

RSVP deadlines:

Please rsvp for the Jan 28th meet by **Jan 13th**