

# 2017 HAMMER LONG COURSE INVITATIONAL



# Hammer Time!

February 17, 2018

McMaster University Ivor Wynne Center



Hosted by the  
HAMILTON AQUATIC CLUB

## **GENERAL INFORMATION**

- DATE:** February 17, 2018
- HOSTED BY:** Hamilton Aquatic Club
- LOCATION:** McMaster University, Ivor Wynne Centre  
1280 Main Street West  
Hamilton, Ontario, L8M 1E2  
905-525-9140 ext 24612
- FACILITY:** 50meter, 6 lane pool.  
Colorado Electronic Timing System with 6-Lane Scoreboard.  
Seating for 700 spectators.
- COMPETITION:** Swim Ontario sanction
- OFFICIALS:** Meet Manager: Doris Forrester ([dorisforrester@gmail.com](mailto:dorisforrester@gmail.com))  
Meet Referee: Paul Leslie  
Officials Chair: Lisa Hodge ([squarepegs1@yahoo.com](mailto:squarepegs1@yahoo.com))

## **ELIGIBILITY & ENTRIES**

### **DEADLINES:**

- Entry Deadline: Seeding will be finalized on Sunday February 11<sup>th</sup> 2018. Entries after Sunday February 11<sup>th</sup> 2018 will be entered, space permitting, but optimal seeding is not guaranteed.
- **Scratch Deadline: Monday February 5<sup>th</sup>, 2018 (no refunds after this date).** The scratch deadline is set so that there is time to book clubs on the waiting list. As such, MEET ENTRY FEES ARE STILL DUE FOR SWIMS SCRATCHED AFTER THE SCRATCH DEADLINE.

### **ENTRY FEES:**

- \$5/swimmer splash fee.
- \$10.00 per swim for all other events
- Cheques are payable to: HAMILTON AQUATIC CLUB

### **ELIGIBILITY:**

- All athletes must be registered as Competitive swimmers with SNC, or any other amateur swimming organization recognized by FINA. A valid SNC registration number is required for all Canadian swimmers, and entries without a SNC registration number will be declined entry.

**ENTRY LIMITATIONS:** • There are no limits to the number of swims per swimmer. • Deck entries will be accepted at the discretion of the meet manager.

**SWIMMERS' AGE:** • As of February 17<sup>th</sup>, 2018 (first day of the competition)

### **QUALIFYING STANDARDS:**

- There are no qualifying standards for the meet.
- There is no qualifying period for the meet.
- Please submit SCM times for seeding purposes.
- Please use standard Hy-tek conversions for LCM and Yards times.

### **ENTRY SUBMISSIONS:**

- All entries must be submitted via [www.swimming.ca](http://www.swimming.ca). No entries will be accepted directly by meet management.
- In order for your team to be registered in this competition, you must have received an e-mail confirmation indicating receipt of your entries.

**Scratches must be reported 30 min prior to the 1st race of the session. Meet Management reserves the right to scratch (with no refund) the remaining swimmer events (from that session) for a “no-show.”**

**SESSION TIME: Session 1 Warm-up: 9:00 am Start: 10:00 am**

**MEET RESULTS:**

- Results will be forwarded to [www.swimming.ca](http://www.swimming.ca) within 48 hours of the completion of the meet.
- Unofficial results are available on the MEET MOBILE APP (MEET MOBILE results are not live but will be updated after the end of each session). MEET MOBILE is a paid app and is no longer FREE.

**GENERAL INFORMATION:**

- Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on deck.
- Lanes 1&6 will be set up as sprint lanes for the last third of the warm-up.
- All events are long course timed finals.
- The procedure for obtaining an 'Official Split' now requires that coaches make the request to the session referee or meet management on the “Official Split Request” form prior to the race.
- Meet Management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question and may be asked to supply qualified timers.
- The only meet package which will be considered as valid must be the most current version found on [www.swimming.ca](http://www.swimming.ca)

**SEEDING:**

- Meet will be senior seeded with mixed age groups; heats swum fastest to slowest.
- The host seeks an exemption from the requirement to swim events in gender separated events due to facility or time limitations, swimming separated by gender would not permit all swims to be completed while offering reasonable opportunities to swim for all participants, and in particular on an equitable basis for swimmers of each gender.

**AGE CLASSIFICATIONS:**

- 10&Under, 11-12, 13-14, 15&Over

**AWARDS:**

- Ribbons - 1st through 6th for individual events;
- High point trophy for each age & gender classification. Scoring for each individual event will be 8 points for 1st, 5 points for 2nd, 4 points for 3rd, 3 points for 4th, 2 points for 5th, 1 point for 6th. Each swimmer's total points will be the summed to determine the high point winners. **There is no maximum limit of swims.**

**RECORDING OF AN EVENT:**

- Only individuals that have made application and received authorization to record the event, in any manner, in any medium or context known or unknown or hereafter developed, shall be granted access and permission to do so. Please contact meet management for application and authorization.

**COACHES REGISTRATION:** • Meet management will cross reference the list of coaches in attendance at this competition with the Swim Ontario Compliancy list. If a coach is not on the list, meet management is obligated to enforce the SNC policy and not permit the coach to attend the meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.

### COMPETITION RULES:

- All current Swim/National Canada (SNC) rules will apply
- Sanctioned by Swim Ontario.
- Please note that **Swimming Canada Competition War-Up Safety Procedures** will be in effect. Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed without warning from their first individual event following the warm-up period in which the violation occurred. They may also receive a verbal warning from the Safety Marshal. Swimmers receiving verbal warnings will have their names and clubs registered with the Meet Manager.
- In the case of a second offense during the same competition the swimmer may be removed from the remainder of the competition.

### VIOLATIONS:

- It is recognized that there is a level of interpretation and common sense that must be applied when applying these guidelines. Diving headfirst quietly into an empty pool at the start of warm-up is not the same as diving headfirst into a crowded lane. Judgment and context is required. • The full document can be viewed [HERE](#).

### SAFETY MARSHALS:

- The Safety Marshal is a trained position designated by Meet Management. Safety Marshals shall:
  - Be visible by safety vest.
  - Be situated at each end of the competition pool and when applicable.
  - Actively monitor all scheduled warm-up periods.
  - Ensure participants comply with warm-up safety procedures and report violations to the Referee.
  - Safety Marshals have a role to help work with coaches and swimmers to ensure a safe warm-up environment. This may include educating a younger swimmer on the rules or communicating a concern to a coach.
- The full document can be viewed [HERE](#).
- For club and provincial meets, a swimsuit that covers more of the body such as modesty swimwear or religious cover-ups is permitted providing that the fabric is permeable open mesh textile material and does not give the swimmer an advantage. The full interpretation can be viewed [HERE](#). Advanced notification or for clarification of interpretation please see the Competition Coordinator.



**ACCOMMODATIONS:** Visitors Inn – 649 Main Street West, Hamilton, Ontario 1-800-387-4620 online: [www.visitorsinn.com](http://www.visitorsinn.com) or e-mail: [reservations@visitorsinn.com](mailto:reservations@visitorsinn.com) this is the closest and most convenient hotel to the pool at McMaster University. It offers luxury at affordable prices.

<b>Saturday, February 17, 2018</b>		
Warm Up*: 9:00 – 9:55 AM Start: 10:00 AM		
<b>Girls</b>	<b>Event</b>	<b>Boys</b>
101	50 Free	102
103	50 Breast	104
105	200 IM	106
107	100 Back	108
109	100 Fly	110
111	200 Free	112
113	100 Breast	114
115	200 Back	116
117	200 Fly	118
119	100 Free	120
121	200 Breast	122
123	50 Fly	124
125	50 Back	126

**\*Meet management reserves the right to combine girls and boys events in mixed gender seeding**

#### **HAMILTON AQUATIC CLUB TERMS & CONDITIONS:**

Meet management reserves the right to limit entries at their discretion to comply with Club policies and in order to balance the loading of the sessions and ensure a successful completion of the meet in accordance with the Swim Ontario mandated timelines.

Meet management reserves the right to combine girls and boy's events in mixed gender seeding.

Fees for scratched entries that are made after the scratch deadline are still due.

Participating clubs are requested to provide officiating support during the sessions they attend. Please contact: Lisa Hodge ([squarepegs1@yahoo.com](mailto:squarepegs1@yahoo.com))



**McMASTER**  
ATHLETICS & RECREATION



## Aquatic Event Guidelines

Welcome to McMaster University for your aquatic event! McMaster University hosts many athletic events as well as academic programmes. We appreciate your assistance in helping us maintain operations for students, faculty and facility members during your event by following the procedures and use guidelines listed below.

- Participants must use the Ivor Wynne Centre change rooms only. David Braley Athletic Centre change rooms are off limits to all participants.
- We recommend the use of locks on all lockers used by participants in the Ivor Wynne Centre change rooms.
- Athletes and officials are not permitted to use the elevators in the Ivor Wynne Centre or David Braley Athletic Centre unless they have a disability and cannot use the stairs.
- Participants and spectators must wear clothing and footwear at all times when not on the pool deck (swim suits alone are not permitted).
- Food is not permitted on the pool deck at any time for participant consumption with the exception of drinks provided for the officials working at the event.
- Glass of any kind is not permitted on the pool deck.
- Entries into the water must be foot first at all times with the exception of the last few minutes of the meet warm up (deep end only) and the actual competition.
- No diving off the starting blocks or bulkhead during warm-ups with the exception of the last few minutes of warmups as designated by the event officials.
- The use of flippers and hand paddles, during warm-ups is prohibited.
- Athletes that are not competing must remain in the pool area, pool gallery, change rooms or food concession areas only. Athletes are not to hinder the normal operation of the facility.
- Coaches are directly responsible for the supervision of their athletes at all times. This includes the pool area, change rooms, hallways and all other areas of the Ivor Wynne Centre and David Braley Athletic Centre.
- All buses and cars must be parked in appropriate parking lots.
- Please put trash and recycling items in the appropriate marked containers.

**Thank you!**