

2016-2017

Level 3 GOLD - JUNE 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 8:00-10:00 Hill Park	29 5:30-7 am Hill Park swim 4:30-5:30 Dryland	30 4:30-6:30 PL	31 5:30-6:30 Dryland only optional	1 5:30-7:30 Hill Park	2 REGIONALS OFF	3 REGIONALS OFF
4 REGIONALS OFF	5 OFF	6 4:30-6:30 PL	7 5:30-6:30 Dryland only optional	8 5:30-7:30 Hill Park	9 OFF	10 OFF
11 8:00-10:00 Hill Park	12 5:30-7 am Hill Park swim 4:30-5:30 Dryland	13 4:30-6:30 PL	14 CANUSA TRYOUTS 5-7 pm HP 5:30-6:30 Dry (optional)	15 5:30-7:30 Hill Park	16 OFF	17 OFF Wild Water Works Event (Prepaid)
18 8:00-10:00 Hill Park	19 5:30-7 am Hill Park swim 4:30-5:30 Dryland	20 4:30-6:30 PL	21 5:30-6:30 Dryland only optional	22 5:30-7:30 Hill Park LAST DAY	23 OFF	24 OFF
25 OFF	26 OFF	27 OFF	28 OFF	29 OFF	30 OFF	1 OFF

Notes: Coach Susana Escobar