

HOB Swim Meet Oakville @ Hamilton

**Saturday
March 4, 2017**

**Hosted by the
HAMILTON AQUATIC
CLUB**



LOCATION: Westmount Recreation Centre

35 Lynbrook Dr.
Hamilton, Ontario, L9C 4B1
905-546-4932

FACILITY: Eight Lane, 25 metre pool, with bleacher seating and free parking.

SANCTION: Approval provided by Swim Ontario. The only meet package which will be considered as valid must be the most current version found on www.swimming.ca.

MEET MANAGERS: Doris Forrester dorisforrester@gmail.com

OFFICIALS COORDINATOR: Elsa Lindfield hac.elsa@gmail.com

COMPETITION COORDINATOR: Brad Knowles

WARM UPS: 4:00 p.m. to 4:55 p.m.

START TIME: 5:00 p.m.

END TIME: 8:30 p.m. (expected end time is no later than 9:00pm)

ELIGIBILITY:

Novice, pre-competitive level swimmers, working towards Regional time Standards

NOTE: Pre-competitive swimmers must be registered with Swim Ontario and will swim as exhibition only. These swimmers are limited to compete once during the swim season as per Swim Ontario guidelines.

ENTRY LIMITATIONS:

Each swimmer is limited to one distance per stroke and a maximum of **5 events**.

Entries limited to swimmers that have not achieved a Provincial Level C time in the requested event.

ENTRY FEES:

For Oakville and Hamilton swimmers: **\$7.00 per swimmer**.

Cheques should be made payable to **Hamilton Aquatic Club**.

ENTRIES:

- No entries will be accepted directly; all entries must be submitted via www.swimming.ca
- Deck entries will be accepted at the discretion of the meet manager.
- Dates of birth and valid SNC numbers are mandatory for each swimmer.
- Receipt confirmation of your entries will be sent via e-mail.

ENTRY DEADLINES: Entries must be received by **Friday, February 24, 2017**. Entries received after this date will still be accepted at the discretion of the meet manager. The scratch deadline is Tuesday **Tuesday, February 28th, 2017**. There is no additional penalty for scratching after the

deadline, but entry fees are still due for the swimmers that scratched after the deadline.

MEET FORMAT/RULES:

- All events are timed finals, seeded fastest to slowest.
- Events will be multi-seeded, with mixed ages.
- The host seeks an exemption from the requirement to swim events in gender separated events due to facility or time limitations, swimming separated by gender would not permit all swims to be completed while offering reasonable opportunities to swim for all participants, and in particular on an equitable basis for swimmers of each gender.
- The results will be posted by the age groups listed below.
- There are no pre-requisite times as this is a Novice meet where swimmers are attempting some races for the first time.
- No session will be longer than 4.5 hours
- Meet Management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question.

RECORDING OF AN EVENT:

- Only individuals that have made application and received authorization to record the event, in any manner, in any medium or context known or unknown or hereafter developed, shall be granted access and permission to do so. Please contact meet management for application and authorization.

COACH'S REGISTRATION:

- Meet management will cross reference the list of coaches in attendance at this competition with the [Swim Ontario Compliancy lists](#). If a coach is not on this list, meet management is obligated to enforce the SNC policy and not permit that coach to attend meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.

AGE GROUPINGS:

BOYS: 8&Under, 9&10, 11&12, 13&Over.

GIRLS: 8&Under, 9&10, 11&12, 13&Over.

Age for this competition is based on age as of the first day of competition.

MEET RESULTS:

Results will be forwarded to www.swimming.ca within 48 hours of the completion of the meet.

MEET AWARDS: Best Time Ribbons will be given to each swimmer for every event where a new best time is achieved. A "NT" entry with a finish time will receive a best time ribbon.

COMPETITION RULES:

- All current Swim/National Canada (SNC) rules will apply
- Sanctioned by Swim Ontario.
- Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in effect. Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion will be removed without warning from their first individual event following the warm-up period in which the violation occurred. The full document can be viewed [HERE](#).
- Only FINA approved swimwear is allowed in competition as per GR 5. The full details can be viewed [HERE](#)

HAMILTON AQUATIC CLUB TERMS & CONDITIONS:

Meet management reserves the right to limit entries at their discretion to comply with Club policies and in order to balance the loading of the sessions and ensure a successful completion of the meet in accordance with the Swim Ontario mandated timelines.

Fees for scratched entries that are made after the scratch deadline are still due.

Participating clubs are requested to provide officiating support. Please contact the meet manager.

ORDER OF EVENTS:

<u>Girls</u>	<u>INDIVIDUAL EVENTS</u>	<u>Boys</u>
1	100 Free	2
3	50 Free	4
5	25 Free	6
7	100 Back	8
9	50 Back	10
11	25 Back	12
13	200 Free	14
15	50 Breast	16
17	100 Breast	18
19	25 Breast	20
21	25 Fly	22
23	50 Fly	24
25	100 IM	26
27	200IM	28

**Girls and Boys individual events may be swum combined at the discretion of meet management*