

2017
JOANNE MALAR
INVITATIONAL
Jan. 21st to 22nd



AT
McMASTER UNIVERSITY
IVOR WYNNE CENTRE



Hosted by the
HAMILTON AQUATIC CLUB

2017 Joanne Malar Invitational

GENERAL INFORMATION

DATE: January 21 - 22, 2017

HOSTED BY: Hamilton Aquatic Club

LOCATION: McMaster University, Ivor Wynne Centre
1280 Main Street West
Hamilton, Ontario, L8M 1E2 905-525-9140 ext 24612

FACILITY: 50 metre, 6 lane pool set for competition in the deep end (short course, 25m, single end for the competition). The shallow end (25m, 6 lanes) is also available during the meet for warm-up and cool-down.
Colorado Electronic Timing System with Colorado 6-lane scoreboard
Seating for 700 spectators.

COMPETITION: Swim Ontario sanction

OFFICIALS: Meet Manager: Scott Hunt (hunt4scott@gmail.com)
Competition Coordinator: Paul Leslie
Officials Chair: Lisa Hodge (squarepegs1@yahoo.com)

ELIGIBILITY & ENTRIES

DEADLINES:

- Entry Deadline: Seeding will be finalized on Monday Jan 16. Entries after Jan 16 will be entered, space permitting, but optimal seeding is not guaranteed.
- **Scratch Deadline: Sunday January 8, 2017 (no refunds after this date).** The scratch deadline is set so that there is time to book clubs on the waiting list. As such, MEET ENTRY FEES ARE STILL DUE FOR SWIMS SCRATCHED AFTER THE SCRATCH DEADLINE.

ENTRY FEES:

- \$7/swimmer splash fee.
- \$10.00 per swim for all other events
- Cheques are payable to: HAMILTON AQUATIC CLUB

ELIGIBILITY:

- All athletes must be registered as Competitive swimmers with SNC, or any other amateur swimming organization recognized by FINA. A valid SNC registration number is required for all Canadian swimmers, and entries without a SNC registration number will be declined entry.

ENTRY LIMITATIONS:

- There are no limits to the number of swims per swimmer.
- Deck entries will be accepted at the discretion of the meet manager.
- In order to plan the meet properly we *cannot* accept NT (no times) for the 400 FR, 800 FR and 400 IM events. Coaches must include a time for all swimmers for these events. Estimated times from a practice for swimmers who do not have an up-to-date time for these events are acceptable.

SWIMMERS' AGE:

- As of January 21, 2017 (first day of the competition)

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QUALIFYING STANDARDS:

- There are no qualifying standards.

ENTRY SUBMISSIONS:

- No entries will be accepted directly; all entries must be submitted via www.swimming.ca.
- In order for your team to be registered in this competition, you must have received an **e-mail confirmation** indicating receipt of your entries

Scratches must be reported 30 min prior to the 1st race of the session. Meet Management reserves the right to scratch (with no refund) the remaining swimmer events (from that session) for a "no-show."

MEET RESULTS:

- Results will be forwarded to www.swimming.ca within 48 hours of the completion of the meet.
- Unofficial results are available on the MEET MOBILE APP; to be updated after each session. *MEET MOBILE is a paid app and is no longer FREE.*

GENERAL INFORMATION:

- Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on deck.
- Lanes 1&6 will be set up as sprint lanes for the last third of the warm-up.
- All events are short course timed finals.
- Meet Management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question.

SEEDING:

- Meet will be senior seeded; heats swum fastest to slowest.
- The host seeks an exemption from the requirement to swim events in gender separated events due to facility or time limitations, swimming separated by gender would not permit all swims to be completed while offering reasonable opportunities to swim for all participants, and in particular on an equitable basis for swimmers of each gender.

AGE CLASSIFICATIONS:

- 10&Under, 11, 12, 13, 14, 15&Over

AWARDS:

- Ribbons - 1st through 6th for individual events; 1st through 3rd for relays.
- High point trophy for each age & gender classification. Scoring for each individual event will be 8 points for 1st, 5 points for 2nd, 4 points for 3rd, 3 points for 4th, 2 points for 5th, 1 point for 6th. Each swimmer's total points will be the summed to determine the high point winners. ***There is no maximum limit of swims.***

RECORDING OF AN EVENT:

- Only individuals that have made application and received authorization to record the event, in any manner, in any medium or context known or unknown or hereafter developed, shall be granted access and permission to do so. Please contact meet management for application and authorization.

COACHES REGISTRATION:

- Meet management will cross reference the list of coaches in attendance at this competition with the [Swim Ontario Compliancy list](#). If a coach is not on the list, meet management is obligated to enforce the SNC policy and not permit the coach to attend the meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.

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ACCOMMODATIONS:



Visitors Inn – 649 Main Street West, Hamilton, Ontario 1-800-387-4620 online: www.visitorsinn.com or e-mail: reservations@visitorsinn.com

Proud HAC sponsor, this is the closest and most convenient hotel to the pool at McMaster University. It offers luxury at affordable prices.

COMPETITION RULES:

- All current Swim/National Canada (SNC) rules will apply
- Sanctioned by Swim Ontario.
- Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in effect. Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed without warning from their first individual event following the warm-up period in which the violation occurred. The full document can be viewed [HERE](#).
- Only FINA approved swimwear is allowed in competition as per GR 5. The full details can be viewed [HERE](#)

HISTORY:

Joanne Malar is one of the Hamilton Aquatic Club's most successful athletes. This swim meet is named in her honour. She began with the club at an early age and quickly moved up the ranks, setting national records at all ages along the way; many of her records still stand today. She has competed in 3 Olympic Games - making it to the finals 5 times. She has won over 70 international medals, including gold medals at the Pan American Games (1995, 1999, 2003), the Pan Pacific Games in 1999, and the Commonwealth Games in 1998. She was ranked number one in the world in 1995-1996 and 1999-2000.

ORDER OF EVENTS:

Saturday, January 21, 2017			
Session 1			
Warm up: 9:30 PM – 10:15 AM		Start: 10:20 AM	
Girls		Boys	
Number	Event	Number	Event
101	400 Free	102	400 Free
103	100 I.M	104	100 I.M
105	200 Back	106	200 Back
107	50 Free	108	50 Free
109	200 Fly	110	200 Fly
111	100 Back	112	100 Back
113	50 Fly	114	50 Fly
115	200 I.M	116	200 I.M
117	600 ELIMINATOR	118	600 ELIMINATOR

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Saturday, January 21, 2017			
Session 2			
Warm up: 2:30 PM – 3:25 PM		Start: 3:30 PM	
Girls		Boys	
Number	Event	Number	Event
151	400 Free	152	400 Free
153	100 I.M	154	100 I.M
155	200 Back	156	200 Back
157	50 Free	158	50 Free
159	200 Fly	160	200 Fly
161	100 Back	162	100 Back
163	50 Fly	164	50 Fly
165	200 I.M	166	200 I.M
167	200 Breast	168	200 Breast

Sunday, January 22, 2017			
Session 3			
Warm up: 9:30 AM – 10:15 AM		Start: 10:20 AM	
Girls		Boys	
Number	Event	Number	Event
201	100 Fly	202	100 Fly
203	200 Free	204	200 Free
205	400 I.M	206	400 I.M
207	50 Breast	208	50 Breast
209	100 Free	210	100 Free
211	50 Back	212	50 Back
213	100 Breast	214	100 Breast
215	800 Free	216	800 Free

HAMILTON AQUATIC CLUB TERMS & CONDITIONS:

Meet management reserves the right to limit entries at their discretion to comply with Club policies and in order to balance the loading of the sessions and ensure a successful completion of the meet in accordance with the Swim Ontario mandated timelines.

Meet management reserves the right to combine girls and boys events in mixed gender seeding.

Fees for scratched entries that are made after the scratch deadline are still due.

Participating clubs are requested to provide officiating support during the sessions they attend. Please contact: Lisa Hodge (squarepegs1@yahoo.com)

3rd ANNUAL JOANNE MALAR INVITATIONAL ELIMINATOR

600 METRES -- 6 WILL START-- TWO WILL FINISH -- ONE WILL WIN
\$100 Prize for the Winner, \$50 Prize for runner up
- prizes for all contestants

RULES:

- Free style event; 600 metre elimination race. Last to make contact with the wall is eliminated.
- First swimmer eliminated is last to make contact with the wall after the first 200 metre mark.
- Swimmers are given a 30 second rest period before the next 100 metres. Race will be restarted after each interval.
- Swimmers will be eliminated after each 100 metres until the race is completed AND ONLY ONE REMAINS.
- Swimmers stay in their own lane until only 2 remain. They will then be placed in the middle lanes for the final 100 metres.
- Elimination will be based upon the time for each interval; that is the last one to touch the wall, subject to the ref's discretion. (In the event there is a tie for the last place finish of an interval, there will be a 50 metre swim-off!).

2016 Champions will have an automatic entry next year

SWIMMERS WILL BE SELECTED *RANDOMLY* FROM ENTRIES SUBMITTED FOR THE EVENT

THIS EVENT WILL NOT SCORE TEAM OR INDIVIDUAL POINTS. ONLY PLACINGS WILL BE RECORDED, NOT TIMES.

ENTRY QUALIFICATIONS:

- Event is restricted to swimmers age **13 & over** and
- Swimmers must have **registered for at least 3 other events at this meet**

Entry fee is \$11 and is due prior to the race. BUT funds are not payable until the swimmer has been selected. Entries for the Eliminator may be accepted after the entry deadline on page 2. The selected swimmers will be posted each day and scratches are to be reported forthwith.

1 HEAT OF FEMALE SWIMMERS WILL BE SWUM SATURDAY AT END OF SESSION 1

1 HEAT OF MALE SWIMMERS WILL BE SWUM SATURDAY AT END OF SESSION 1

STAY AND WATCH; CHEER ON THE SWIMMERS AND WATCH AN EXCITING RACE.

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Aquatic Event Guidelines

Welcome to McMaster University for your aquatic event! McMaster University hosts many athletic events as well as academic programmes. We appreciate your assistance in helping us maintain operations for students, faculty and facility members during your event by following the procedures and use guidelines listed below.

- Participants must use the Ivor Wynne Centre change rooms only. David Braley Athletic Centre change rooms are off limits to all participants.
- We recommend the use of locks on all lockers used by participants in the Ivor Wynne Centre change rooms.
- Athletes and officials are not permitted to use the elevators in the Ivor Wynne Centre or David Braley Athletic Centre unless they have a disability and cannot use the stairs.
- Participants and spectators must wear clothing and footwear at all times when not on the pool deck (swim suits alone are not permitted).
- Food is not permitted on the pool deck at any time for participant consumption with the exception of drinks provided for the officials working at the event.
- Glass of any kind is not permitted on the pool deck.
- Entries into the water must be foot first at all times with the exception of the last few minutes of the meet warm up (deep end only) and the actual competition.
- No diving off the starting blocks or bulkhead during warm-ups with the exception of the last few minutes of warmups as designated by the event officials.
- The use of flippers and hand paddles, during warm-ups is prohibited.
- Athletes that are not competing must remain in the pool area, pool gallery, change rooms or food concession areas only. Athletes are not to hinder the normal operation of the facility.
- Coaches are directly responsible for the supervision of their athletes at all times. This includes the pool area, change rooms, hallways and all other areas of the Ivor Wynne Centre and David Braley Athletic Centre.
- All buses and cars must be parked in appropriate parking lots.
- Please put trash and recycling items in the appropriate marked containers.

Thank you!