

## HAC SHORT COURSE CLUB RECORDS

Girls				Boys			
<b>50 Free</b>				<b>50 Free</b>			
<b>10 &amp; under</b>	Clare Dermody	:30.52	1998	<b>10 &amp; under</b>	Keith Barrett	:30.44	1991
<b>11 &amp; 12</b>	Joanne Malar	:28.23	1987	<b>11 &amp; 12</b>	Bryce Kwiecien-Delaney	:26.64	2009
<b>13 &amp; 14</b>	Sarah Sumner	:26.61	2008	<b>13 &amp; 14</b>	Bryce Kwiecien-Delaney	:24.06	2010
<b>15 &amp; 16</b>	Sarah Hodge	:26.97	2013	<b>15 &amp; 16</b>			
<b>Open</b>	Joanne Malar	:26.12	1993	<b>Open</b>	Olivier Leroy	:23.40	2002
<b>100 Free</b>				<b>100 Free</b>			
<b>10 &amp; under</b>	Clare Dermody	:1:05.48	1998	<b>10 &amp; under</b>	Keith Barrett	:1:05.69	1991
<b>11 &amp; 12</b>	Tammy Fiannigan	:1:00.36	1989	<b>11 &amp; 12</b>	Bryce Kwiecien-Delaney	:57.52	2009
<b>13 &amp; 14</b>	Kim Patterson	:58.77	1984	<b>13 &amp; 14</b>	Bryce Kwiecien-Delaney	:52.28	2010
<b>15 &amp; 16</b>	Sydney Kovar	:58.41	2013	<b>15 &amp; 16</b>			
<b>Open</b>	Joanne Malar	:56.20	1993	<b>Open</b>	Jeremy Sparrow	:50.59	1996
<b>200 Free</b>				<b>200 Free</b>			
<b>10 &amp; under</b>	Clare Dermody	:2:24.27	1998	<b>10 &amp; under</b>	Tanner Robinson	:2:31.82	2008
<b>11 &amp; 12</b>	Joanne Malar	:2:13.09	1988	<b>11 &amp; 12</b>	Goran Marjanovic	:2:04.66	1994
<b>13 &amp; 14</b>	Tanya Hunks	:2:05.18	1995	<b>13 &amp; 14</b>	Bryce Kwiecien-Delaney	:1:55.70	2011
<b>15 &amp; 16</b>	Sydney Kovar	:2:06.29	2013	<b>15 &amp; 16</b>	Osvald Nitski	:1:55.24	2013
<b>Open</b>	Joanne Malar	:1:59.08	1997	<b>Open</b>	Jeremy Sparrow	:1:49.87	1996
<b>400 Free</b>				<b>400 Free</b>			
<b>10 &amp; under</b>	Joanne Malar	:4:59.99	1986	<b>10 &amp; under</b>	Steve Thomas	:4:54.20	1976
<b>11 &amp; 12</b>	Tanya Hunks	:4:31.72	1992	<b>11 &amp; 12</b>	Keith Barrett	:4:23.36	1993
<b>13 &amp; 14</b>	Tanya Hunks	:4:19.17	1995	<b>13 &amp; 14</b>	Goran Marjanovic	:4:09.81	1996
<b>15 &amp; 16</b>				<b>15 &amp; 16</b>	Osvald Nitski	:3:56.99	2014
<b>Open</b>	Joanne Malar	:4:08.75	1995	<b>Open</b>	Frank Despond	:3:49.31	2010
<b>800 Free</b>				<b>800 Free</b>	<b>NEW</b>		
<b>11 &amp; 12</b>	Joanne Malar	:9:21.86	1987	<b>11 &amp; 12</b>	Kevin Bagnell	:10:22.13	2013
<b>13 &amp; 14</b>	Ali Belluz	:8:59.06	1990	<b>13 &amp; 14</b>	Kevin Bagnell	:9:30.09	2014
<b>15 &amp; 16</b>	Sydney Kovar	:9:05.27	2013	<b>15 &amp; 16</b>	Osvald Nitski	:9:46.07	2013
<b>Open</b>	Bridget Coley	:8:33.17	2009	<b>Open</b>	Kieran McElroy	:8:56.82	2013
<b>1500 Free</b>	<b>NEW</b>			<b>1500 Free</b>			
<b>11 &amp; 12</b>	Sophia Simonovic	:21:08.58	2013	<b>11 &amp; 12</b>	Steve Thomas	:17:28.60	1978
<b>13 &amp; 14</b>	Sarah Hodge	:19:09.68	2013	<b>13 &amp; 14</b>	Greg Horie	:16:24.08	1984
<b>15 &amp; 16</b>	Lauren Diehl	:18:26.83	2014	<b>15 &amp; 16</b>	Osvald Nitski	:16:44.00	2013
<b>Open</b>	Susana Escobar	:17:11.33	2013	<b>Open</b>	Jeremy Sparrow	:15:41.93	1995
<b>100 Back</b>				<b>100 Back</b>			
<b>10 &amp; under</b>	Kryssi Unruh	:1:17.82	2000	<b>10 &amp; under</b>	Sean Watson	:1:16.34	1983
<b>11 &amp; 12</b>	Amy Harriman	:1:09.11	2003	<b>11 &amp; 12</b>	Keith Barrett	:1:06.48	1993
<b>13 &amp; 14</b>	Amy Harriman	:1:02.98	2005	<b>13 &amp; 14</b>	Bryce Kwiecien-Delaney	:59.68	2010
<b>15 &amp; 16</b>				<b>15 &amp; 16</b>			
<b>Open</b>	Danielle Carty	:1:00.41	2009	<b>Open</b>	Todd Stratten	:56.81	1999
<b>200 Back</b>				<b>200 Back</b>			
<b>10 &amp; under</b>	Joanne Malar	:2:43.56	1986	<b>10 &amp; under</b>	Sean Watson	:2:42.14	1983
<b>11 &amp; 12</b>	Joanne Malar	:2:26.56	1988	<b>11 &amp; 12</b>	Keith Barrett	:2:16.83	1993
<b>13 &amp; 14</b>	Kimberly Kerr	:2:16.58	1992	<b>13 &amp; 14</b>	Roland Ostermeier	:2:11.21	1980
<b>15 &amp; 16</b>				<b>15 &amp; 16</b>	Osvald Nitski	:2:10.40	2013
<b>Open</b>	Lindsay Charles	:2:10.18	2013	<b>Open</b>	Todd Stratten	:2:00.61	2000
<b>100 Breast</b>				<b>100 Breast</b>			
<b>10 &amp; under</b>	Julia Berglund	:1:25.17	1993	<b>10 &amp; under</b>	Garth Sindrey	:1:26.10	1987
<b>11 &amp; 12</b>	Joanne Malar	:1:16.87	1988	<b>11 &amp; 12</b>	Steve Lysak	:1:11.58	1991
<b>13 &amp; 14</b>	Sarah Sumner	:1:12.41	2008	<b>13 &amp; 14</b>	Martyn Siek	:1:10.29	2009
<b>15 &amp; 16</b>				<b>15 &amp; 16</b>	Osvald Nitski	:1:10.24	2014
<b>Open</b>	Joanne Malar	:1:12.90	1993	<b>Open</b>	Grey Fairley	:1:02.53	1995
<b>200 Breast</b>				<b>200 Breast</b>			
<b>10 &amp; under</b>	Julia Berglund	:3:03.89	1993	<b>10 &amp; under</b>	Garth Sindrey	:2:59.81	1987
<b>11 &amp; 12</b>	Julia Berglund	:2:43.41	1995	<b>11 &amp; 12</b>	Steve Lysak	:2:36.49	1991
<b>13 &amp; 14</b>	Sheila Dezeeuw	:2:36.18	1979	<b>13 &amp; 14</b>	Tristan Vowles	:2:28.92	2006
<b>15 &amp; 16</b>				<b>15 &amp; 16</b>	Osvald Nitski	:2:17.41	2014
<b>Open</b>	Sheila Dezeeuw	:2:35.07	1979	<b>Open</b>	Grey Fairley	:2:16.08	1989
<b>100 Fly</b>				<b>100 Fly</b>			
<b>10 &amp; under</b>	Joanne Malar	:1:16.01	1986	<b>10 &amp; under</b>	Garth Sindrey	:1:14.46	1987
<b>11 &amp; 12</b>	Kahla Walkinshaw	:1:07.52	1998	<b>11 &amp; 12</b>	Bryce Kwiecien-Delaney	:1:05.84	2009
<b>13 &amp; 14</b>	Sarah Sumner	:1:05.16	2008	<b>13 &amp; 14</b>	Osvald Nitski	:58.07	2012
<b>15 &amp; 16</b>	Sarah Hodge	:1:05.28	2013	<b>15 &amp; 16</b>	Osvald Nitski	:54.68	2014
<b>Open</b>	Janet Cook	:1:02.19	2000	<b>Open</b>	Osvald Nitski	:54.68	2014
<b>200 Fly</b>				<b>200 Fly</b>			
<b>11 &amp; 12</b>	Wendy Farrelly	:2:23.45	1983	<b>11 &amp; 12</b>	Sean Watson	:2:22.39	1985
<b>13 &amp; 14</b>	Tanya Hunks	:2:19.43	1995	<b>13 &amp; 14</b>	Osvald Nitski	:2:11.43	2012
<b>15 &amp; 16</b>				<b>15 &amp; 16</b>	Osvald Nitski	:2:00.09	2014
<b>Open</b>	Jennifer McNaughton	:2:13.76	2014	<b>Open</b>	Osvald Nitski	:2:00.09	2014
<b>200 I.M.</b>				<b>200 I.M.</b>			
<b>10 &amp; under</b>	Joanne Malar	:2:41.64	1986	<b>10 &amp; under</b>	Sean Watson	:2:41.93	1983
<b>11 &amp; 12</b>	Joanne Malar	:2:24.92	1988	<b>11 &amp; 12</b>	Keith Barrett	:2:20.25	1993
<b>13 &amp; 14</b>	Joanne Malar	:2:20.37	1989	<b>13 &amp; 14</b>	Bryce Kwiecien-Delaney	:2:11.81	2010
<b>15 &amp; 16</b>				<b>15 &amp; 16</b>	Osvald Nitski	:2:03.81	2014
<b>Open</b>	Joanne Malar	:2:12.52	1995	<b>Open</b>	Grey Fairley	:2:02:53	1994
<b>400 I.M.</b>				<b>400 I.M.</b>			
<b>11 &amp; 12</b>	Joanne Malar	:5:03.09	1987	<b>11 &amp; 12</b>	Keith Barrett	:4:54.12	1993
<b>13 &amp; 14</b>	Joanne Malar	:4:53.64	1989	<b>13 &amp; 14</b>	Osvald Nitski	:4:37.60	2012
<b>15 &amp; 16</b>				<b>15 &amp; 16</b>	Osvald Nitski	:4:24.50	2014
<b>Open</b>	Joanne Malar	:4:36.40	1995	<b>Open</b>	Grey Fairley	:4:20.82	1991

### New Age Group 15-16

#### Girls

Records that still need to be improved before moved to the official list

<b>400 Free</b>			
<b>15 &amp; 16</b>	Sidney Kovar	:4:22.88	2013
<b>100 Back</b>			
<b>15 &amp; 16</b>	Sarah Hodge	:1:07.93	2013
<b>200 Back</b>			
<b>15 &amp; 16</b>	Sydney Kovar	:2:23.72	2013
<b>100 Breast</b>			
<b>15 &amp; 16</b>	Sydney Kovar	:1:23.02	2013
<b>200 Breast</b>			
<b>15 &amp; 16</b>	Shaelyn McElroy	:2:59.17	2013
<b>200 Fly</b>			
<b>15 &amp; 16</b>	Lauren Diehl	:2:24.84	2013
<b>200 IM</b>			
<b>15 &amp; 16</b>	Sydney Kovar	:2:27.35	2013
<b>400 IM</b>			
<b>15 &amp; 16</b>	Sydney Kovar	:5:13.47	2013

#### Boys

<b>50 Free</b>			
<b>15 &amp; 16</b>	Osvald Nitski	25.27	2014
<b>100Free</b>			
<b>15 &amp; 16</b>	Osvald Nitski	:53.88	2014
<b>100 Back</b>			
<b>15 &amp; 16</b>	Osvald Nitski	:1:01.94	2014

Records that still need to be improved before moved to the official list