

## HAC LONG COURSE CLUB RECORDS

Girls				Boys			
<b>50 Free</b>				<b>50 Free</b>			
<b>10 &amp; under</b>	Tanya Hunks	:31.59	1991	<b>10 &amp; under</b>	Cameron Bailey	:31.34	2000
<b>11 &amp; 12</b>	Cindy McMillan	:28.60	1986	<b>11 &amp; 12</b>	Bryce Kwiecien-Delaney	:26.66	2009
<b>13 &amp; 14</b>	Kim Patterson	:27.90	1984	<b>13 &amp; 14</b>	Bryce Kwiecien-Delaney	:24.83	2011
<b>15 &amp; 16</b>	Sarah Hodge	:27.63	2013	<b>15 &amp; 16</b>			
<b>Open</b>	Shannon Shakespeare	:26.51	1998	<b>Open</b>	Brandon Robinson	:24.34	1999
<b>100 Free</b>				<b>100 Free</b>			
<b>10 &amp; under</b>	Joanne Malar	:1:07.02	1986	<b>10 &amp; under</b>	Grey Fairley	:1:07.90	1982
<b>11 &amp; 12</b>	Joanne Malar	:1:01.51	1988	<b>11 &amp; 12</b>	Bryce Kwiecien-Delaney	:57.45	2009
<b>13 &amp; 14</b>	Tammy Flannigan	:1:00.06	1991	<b>13 &amp; 14</b>	Bryce Kwiecien-Delaney	:53.96	2011
<b>15 &amp; 16</b>	Sydney Kovar	:59.84	2013	<b>15 &amp; 16</b>			
<b>Open</b>	Shannon Shakespeare	:56.20	1998	<b>Open</b>	Jeremy Sparrow	:52.63	1996
<b>200 Free</b>				<b>200 Free</b>			
<b>10 &amp; under</b>	Joanne Malar	:2:23.48	1986	<b>10 &amp; under</b>	Steve Thomas	:2:26.90	1976
<b>11 &amp; 12</b>	Joanne Malar	:2:11.70	1988	<b>11 &amp; 12</b>	Bryce Kwiecien-Delaney	:2:06.97	2009
<b>13 &amp; 14</b>	Tanya Hunks	:2:08.49	1994	<b>13 &amp; 14</b>	Bryce Kwiecien-Delaney	:1:58.50	2011
<b>15 &amp; 16</b>				<b>15 &amp; 16</b>	Osvald Nitski	:1:58.93	2013
<b>Open</b>	Joanne Malar	:2:01.12	1997	<b>Open</b>	Frank Despond	:1:53.70	2009
<b>400 Free</b>				<b>400 Free</b>			
<b>10 &amp; under</b>	Joanne Malar	:4:59.06	1986	<b>10 &amp; under</b>	Steve Thomas	:5:03.00	1976
<b>11 &amp; 12</b>	Tanya Hunks	:4:31.69	1993	<b>11 &amp; 12</b>	Joe Diubaldo	:4:35.50	1987
<b>13 &amp; 14</b>	Tanya Hunks	:4:26.79	1995	<b>13 &amp; 14</b>	Osvald Nitski	:4:15.23	2012
<b>15 &amp; 16</b>				<b>15 &amp; 16</b>	Osvald Nitski	:4:10.68	2013
<b>Open</b>	Susana Escobar	:4:13.30	1998	<b>Open</b>	Frank Despond	:3:55.9	2009
<b>800 Free</b>				<b>800 Free</b>			
<b>11 &amp; 12</b>	Ali Belluz	:9:16.71	1988	<b>11 &amp; 12</b>	Kevin Bagnell	:10:11.31	2013
<b>13 &amp; 14</b>	Tanya Hunks	:9:04.27	1995	<b>13 &amp; 14</b>	Sebastian Zarazua	:9:50.84	2013
<b>15 &amp; 16</b>	Sydney Kovar	:9:29.89	2013	<b>15 &amp; 16</b>	Ben Ausseum	:10:12.22	2013
<b>Open</b>	Susana Escobar	:8:42.07	2013	<b>Open</b>	Adam Vowles	:8:36.00	2013
<b>1500 Free</b>				<b>1500 Free</b>			
<b>11 &amp; 12</b>				<b>11 &amp; 12</b>	Sean Watson	:18:18.04	1983
<b>13 &amp; 14</b>	Billie Levesque	:21:16.38	2013	<b>13 &amp; 14</b>	Ernie Salac	:16:58.13	1978
<b>15 &amp; 16</b>	Sydney Kovar	:17:49.76	2013	<b>15 &amp; 16</b>	Osvald Nitski	:18:21.40	2013
<b>Open</b>	Susana Escobar	:16:40.53	2013	<b>Open</b>	Brian Wilson	:15:55.93	1985
<b>100 Back</b>				<b>100 Back</b>			
<b>10 &amp; under</b>	Joanne Malar	:1:17.25	1986	<b>10 &amp; under</b>	Tanner Robinson	:1:18.15	2008
<b>11 &amp; 12</b>	Joanne Malar	:1:09.04	1988	<b>11 &amp; 12</b>	Bryce Kwiecien-Delaney	:1:08.04	2009
<b>13 &amp; 14</b>	Amy Harriman	:1:05.92	2005	<b>13 &amp; 14</b>	Adam Siek	:1:03.18	2010
<b>15 &amp; 16</b>				<b>15 &amp; 16</b>			
<b>Open</b>	Danielle Carty	:1:04.30	2009	<b>Open</b>	Todd Stratten	:59.33	1999
<b>200 Back</b>				<b>200 Back</b>			
<b>10 &amp; under</b>	Joanne Malar	:2:43.00	1986	<b>10 &amp; under</b>	Sean Watson	:2:45.80	1983
<b>11 &amp; 12</b>	Joanne Malar	:2:25.68	1988	<b>11 &amp; 12</b>	Bryce Kwiecien-Delaney	:2:27.32	2009
<b>13 &amp; 14</b>	Joanne Malar	:2:17.20	1990	<b>13 &amp; 14</b>	Roland Ostermeier	:2:14.84	1980
<b>15 &amp; 16</b>				<b>15 &amp; 16</b>			
<b>Open</b>	Joanne Malar	:2:14.84	1995	<b>Open</b>	Todd Stratten	:2:06.41	1999
<b>100 Breast</b>				<b>100 Breast</b>			
<b>10 &amp; under</b>	Julia Berglund	:1:25.72	1993	<b>10 &amp; under</b>	Grey Fairley	:1:27.30	1982
<b>11 &amp; 12</b>	Julia Berglund	:1:18.87	1995	<b>11 &amp; 12</b>	Steve Lysak	:1:12.27	1991
<b>13 &amp; 14</b>	Sheila Dezeeuw	:1:13.22	1979	<b>13 &amp; 14</b>	Grey Fairley	:1:10.44	1986
<b>15 &amp; 16</b>				<b>15 &amp; 16</b>	Osvald Nitski	:1:14.70	2013
<b>Open</b>	Sarah Sumner	:1:13.74	2008	<b>Open</b>	Grey Fairley	:1:05.17	1991
<b>200 Breast</b>				<b>200 Breast</b>			
<b>10 &amp; under</b>	Julia Berglund	:3:03.05	1993	<b>10 &amp; under</b>	Grey Fairley	:3:07.76	1982
<b>11 &amp; 12</b>	Joanne Malar	:2:47.23	1988	<b>11 &amp; 12</b>	Steve Lysak	:2:37.89	1991
<b>13 &amp; 14</b>	Sheila Dezeeuw	:2:35.21	1979	<b>13 &amp; 14</b>	Grey Fairley	:2:28.34	1986
<b>15 &amp; 16</b>				<b>15 &amp; 16</b>	Osvald Nitski	:2:27.53	2013
<b>Open</b>	Sheila Dezeeuw	:2:39.34	1980	<b>Open</b>	Tristan Vowles	:2:20.31	2011
<b>100 Fly</b>				<b>100 Fly</b>			
<b>10 &amp; under</b>	Joanne Malar	:1:16.19	1986	<b>10 &amp; under</b>	Brad Sindrey	:1:15.40	1989
<b>11 &amp; 12</b>	Joanne Malar	:1:07.93	1988	<b>11 &amp; 12</b>	Bryce Kwiecien-Delaney	:1:05.49	2009
<b>13 &amp; 14</b>	Tammy Flannigan	:1:05.58	1991	<b>13 &amp; 14</b>	Osvald Nitski	:1:00.50	2012
<b>15 &amp; 16</b>				<b>15 &amp; 16</b>	Osvald Nitski	:56.87	2013
<b>Open</b>	Janet Cook	:1:02.35	2000	<b>Open</b>	Greg Gerum	:56.40	2007
<b>200 Fly</b>				<b>200 Fly</b>			
<b>11 &amp; 12</b>	Joanne Malar	:2:25.56	1988	<b>11 &amp; 12</b>	Sean Watson	:2:28.25	1986
<b>13 &amp; 14</b>	Tanya Hunks	:2:19.29	1995	<b>13 &amp; 14</b>	Osvald Nitski	:2:05.81	2012
<b>15 &amp; 16</b>				<b>15 &amp; 16</b>	Osvald Nitski	:2:04.25	2013
<b>Open</b>	Prisciliana Escobar	:2:12.14	2010	<b>Open</b>	Osvald Nitski	:2:04.25	2013
<b>200 I.M.</b>				<b>200 I.M.</b>			
<b>10 &amp; under</b>	Joanne Malar	:2:46.31	1986	<b>10 &amp; under</b>	Garth Sindrey	:2:46.08	1987
<b>11 &amp; 12</b>	Joanne Malar	:2:27.30	1988	<b>11 &amp; 12</b>	Osvald Nitski	:2:26.99	2010
<b>13 &amp; 14</b>	Joanne Malar	:2:18.51	1990	<b>13 &amp; 14</b>	Grey Fairley	:2:14.20	1986
<b>15 &amp; 16</b>				<b>15 &amp; 16</b>	Osvald Nitski	:2:12.70	2013
<b>Open</b>	Joanne Malar	:2:15.30	1996	<b>Open</b>	Grey Fairley	:2:05.99	1989
<b>400 I.M.</b>				<b>400 I.M.</b>			
<b>11 &amp; 12</b>	Joanne Malar	:5:02.71	1988	<b>11 &amp; 12</b>	Osvald Nitski	:5:11.95	2010
<b>13 &amp; 14</b>	Joanne Malar	:4:52.35	1990	<b>13 &amp; 14</b>	Grey Fairley	:4:41.34	1986
<b>15 &amp; 16</b>				<b>15 &amp; 16</b>	Osvald Nitski	:4:34.16	2013
<b>Open</b>	Joanne Malar	:4:43.29	1996	<b>Open</b>	Grey Fairley	:4:27.46	1989

### New Age Group 15-16

#### Girls

Records that need to be improved before posted them on the official list.

<b>200 Free</b>			
<b>15 &amp; 16</b>	Sydney Kovar	:2:09.58	2013
<b>400 Free</b>			
<b>15 &amp; 16</b>	Sidney Kovar	:4:36.39	2013
<b>100 Back</b>			
<b>15 &amp; 16</b>	Sarah Hodge	:1:12.03	2013
<b>200 Back</b>			
<b>15 &amp; 16</b>	Lauren Diehl	:2:28.52	2013
<b>100 Breast</b>			
<b>15 &amp; 16</b>	Sydney Kovar	:1:29.09	2013
<b>200 Breast</b>			
<b>15 &amp; 16</b>	Sydney Kovar	:3:05.86	2013
<b>100 Fly</b>			
<b>15 &amp; 16</b>	Sarah Hodge	:1:08.65	2013
<b>200 Fly</b>			
<b>15 &amp; 16</b>	Lauren Diehl	:2:32.27	2013
<b>200 IM</b>			
<b>15 &amp; 16</b>	Sydney Kovar	:2:36.96	2013
<b>400 IM</b>			
<b>15 &amp; 16</b>	Sydney Kovar	:5:27.90	2013

#### Boys

<b>50 Free</b>			
<b>15 &amp; 16</b>	Samuel Forrester	:26.63	2013
<b>100Free</b>			
<b>15 &amp; 16</b>	Samuel Forrester	:57.43	2013
<b>100 back</b>			
<b>15 &amp; 16</b>			
<b>200 back</b>			
<b>15 &amp; 16</b>	Osvald Nitski	:2:22.79	2013

Records that need to be improved before posted them on the official list.