2017 HAC SPRING INVITATIONAL

March 31-April 2 2017

AT MCMASTER UNIVERSITY IVOR WYNNE CENTRE

Hosted by



GENERAL INFORMATION

DATE: March 31-April 2, 2017

HOSTED BY: Hamilton Aquatic Club

LOCATION: McMaster University, Ivor Wynne Centre

1280 Main Street West Hamilton, Ontario, L8M 1E2 905-525-9140 ext 24612

FACILITY: Pool: 50 metre, 6 lane pool

Colorado Electronic Timing System

6-Lane Electronic Scoreboard

Seating: 700 spectators

COMPETITION: Swim Ontario sanctioned

OFFICIALS: Meet Manager: Scott Hunt hunt4scott@gmail.com

Competition Coordinator: Paul Leslie

Officials Chair: Lisa Hodge squarepegs1@yahoo.com

COMPETITION RULES:

All current Swim/National Canada (SNC) rules will apply

· Sanctioned by Swim Ontario.

- Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in effect.
 Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion will maybe remove without warning from their first individual event following the warm-up period in which the violation occurred. The full document can be viewed HERE.
- Only FINA approved swimwear is allowed in competition as per GR 5. The full details can be viewed HERE

ELIGIBILITY & ENTRIES

DEADLINES:

- Entry Deadline: Seeding will be finalized on Monday March 27, 2017. Entries after March 27 will be entered, space permitting, but optimal seeding is not guaranteed.
- <u>Scratch Deadline:</u> Sunday March 27, 2017 (no refunds after this date). The scratch deadline is set so
 that there is time to book clubs on the waiting list. As such, MEET ENTRY FEES ARE STILL DUE FOR
 SWIMS SCRATCHED AFTER THE SCRATCH DEADLINE.

ENTRY FEES:

- \$7.00 per swimmer splash fee.
- \$12.00 per swim for 800 Free, 1500 Free, and 400 IM events
- \$10.00 per swim for all other events.
- Cheques are payable to: HAMILTON AQUATIC CLUB

ENTRY LIMITATIONS:

- There are no limits to the number of swims per swimmer however, swimmers cannot enter both the 800 free and 1500 free events.
- Deck entries will be accepted at the discretion of the meet manager, fee(s) paid in cash that day.

ELIGIBILITY:

 All athletes must be registered as Competitive swimmers with SNC, or any other amateur swimming organization recognized by FINA. A valid SNC registration number is required for all Canadian swimmers, and entries without a SNC registration number will be declined. Registration numbers and DOB must be included in the entry file.

QUALIFYING STANDARDS:

- There are no qualifying standards.
- Due to time constraints 400 FR seed times of 6:00 and under will swim one swimmer per lane and 800 FR seed times of 11:00 and under will swim one swimmer per lane. All others will be swum doubled.
- To plan the meet properly we appreciate entries with guestimate times for the 400, 800, and 1500 FR, and 400 IM events. Coaches should try to include a time for all swimmers for these events. Where necessary, we will be swimming the 1500 FR at the same time as the 800 FR.

SWIMMERS' AGE: As of March 3, 2017 (first day of the competition)

ENTRY SUBMISSIONS:

- All entries must be in Hy-tek format and submitted via www.swimming.ca.
- No entries will be accepted directly by meet management.
- Please ensure all entries contain valid 9-digit Swim Ontario ID registration numbers.
- For your team to be registered in this competition, you must have received an **e-mail confirmation** indicating receipt of your entries.

MEET RESULTS:

- Results will be available on our web site www.hamiltonaquaticclub.ca.
- Results will be forwarded to www.swimming.ca within 48 hours of the completion of the meet.
- Unofficial results can be viewed live during the meet on MEET MOBILE by i-pad, i-phone, i-pod and android or BlackBerry phones/tablets with internet connection. MEET MOBILE is *no longer* FREE.

MEET FORMAT:

GENERAL INFORMATION:

- Lanes 1&6 will be set up as sprint lanes for the last third of the warm-up.
- All events are long course timed finals.
- Morning and afternoon sessions on the weekend offer most of the same events.
- Results from duplicate events will be merged and posted by age groups and gender.
- Clubs can have all their athletes at the same session or split them. If splitting them, generally clubs select mornings for the older athletes. For larger clubs, we would recommend splitting your team between the morning and afternoon sessions.
- Clubs are not permitted to enter a swimmer in the same event twice.
- Please contact the Meet Manager when entries are submitted if a swimmer is attempting to break a record.
- Meet Management requires that any coach wishing to rely on a time achieved by the swimmer for an
 interval shorter than the total distance of the event shall so advise the Referee prior to the
 commencement of the session (or event) in question.

SEEDING:

- The host seeks an exemption from the requirement to swim events in gender separated events due to
 facility or time limitations, swimming separated by gender would not permit all swims to be completed
 while offering reasonable opportunities to swim for all participants, and on an equitable basis for
 swimmers of each gender.
- Meet will be senior seeded: heats swum fastest to slowest

AGE CLASSIFICATIONS:

Individual events: 10 & Under, 11-12, 13-14, 15 & Over

AWARDS:

- Ribbons 1st through 6th for individual events.
- *High point trophy* for each age & gender classification. Scoring for each individual event will be 8 points for 1st, 5 points for 2nd, 4 points for 3rd, 3 points for 4th, 2 points for 5th, 1 point for 6th. Each swimmer's total points will be the summed to determine the high point winners. High Point ties will be decided, between swimmers with tied total points scored based on the swimmer who has the most points for first places and then after that, the swimmer with the most seconds, and so on until there is a clear high point winner. If all else fails, we will proclaim a high point winner based on the swimmer whose total meters swum (over all events) is the highest. There is no maximum limit of swims.

RECORDING OF AN EVENT:

Only individuals that have made application and received authorization to record the event, in any
manner, in any medium or context known or unknown or hereafter developed, shall be granted access
and permission to do so. Please contact meet management for application and authorization.

COACHES REGISTRATION:

Meet management will cross reference the list of coaches in attendance at this competition with the
 <u>Swim Ontario Compliancy list</u>. If a coach is not on the list, meet management is obligated to enforce the
 SNC policy and not permit the coach to attend the meet. Meet management will forward Swim Ontario
 a list of coaches who they have found to be in non-compliance.

ACCOMMODATIONS:



Visitors Inn – 649 Main Street West, Hamilton, Ontario 1-800-387-4620 online: www.visitorsinn.com or e-mail: reservations@visitorsinn.com This is the closest and most convenient hotel to the pool at McMaster University. It offers luxury at affordable prices. Space is limited. Please call to reserve before the meet.

HAMILTON AQUATIC CLUB TERMS & CONDITIONS

Meet management reserves the right to limit entries at their discretion to comply with Club policies and to balance the loading of the sessions and ensure a successful completion of the meet in accordance with the Swim Ontario mandated timelines.

Fees for scratched entries that are made after the scratch deadline are still due. Scratches must be reported 30 min prior to the 1st race of the session. Meet Management reserves the right to scratch (with no refund) the balance of a swimmer's events from the rest of the session in the case of a "no-show."

Participating clubs are requested to provide officiating support during the sessions they attend. Please contact Lisa Hodge for further information: squarepegs1@yahoo.com

ORDER OF EVENTS:

FRIDAY March 31,2017

SESSION 1 <u>Warm Up*: 5:00 - 5:45 PM Start: 5:50 PM</u>

<u>Number</u>	<u>Event</u>
100	100 Breaststroke
101	200 I.M.
102	800 Freestyle
103	1500 Freestyle

SATURDAY April 1,2017								
SESSION 2		SESSION 3						
Warm Up*: 8:30 - 9:20 AM Start: 9:30 AM		Warm Up*: 2:15 - 3:15 PM Start: 3:20 PM						
<u>Number</u>	<u>Event</u>	<u>Number</u>	<u>EVENT</u>					
204	200 BREASTSTROKE	304	200 BREASTSTOKE					
205	100 BACKSTROKE	305	100 BACKSTROKE					
206	200 FREESTYLE	306	200 FREESTYLE					
207	100 BUTTERFLY	307	100 BUTTERFLY					
208	50 BACKSTROKE	308	50 BACKSTROKE					
209	50 FREESTYLE	309	50 FREESTYLE					
210	210 400 I.M		400 I.M					

SUNDAY April 2,2017

SESSION 4			SESSION 5		
arm Up*: 7:30 - 8:20	AM Start: 8:30 AM	Warm Up	*: 1:15 - 2:15 PM	Start: 2:20 PM	
			_		
<u>lumber</u>	<u>Event</u>		<u>Number</u> <u>Event</u>		
412	O BUTTERFLY	512	2 200 BUTTERFLY		
413	00 FREESTYLE	513	2002	REESTYLE	
414 2	BACKSTROKE	514	200 BACKSTROKE		
416) BUTTERFLY	516	50 BI	UTTERFLY	
	BREASTSTROKE	517		ASTSTROKE	
418	00 FREESTYLE	518	518 400 FREESTYLE		
		~	50 BRE	ASTST	





Aquatic Event Guidelines

Welcome to McMaster University for your aquatic event! McMaster University hosts many athletic events as well as academic programmes. We appreciate your assistance in helping us maintain operations for students, faculty and facility members during your event by following the procedures and use guidelines listed below.

- Participants must use the Ivor Wynne Centre change rooms only. David Braley Athletic Centre change rooms are off limits to all participants.
- We recommend the use of locks on all lockers used by participants in the Ivor Wynne Centre change rooms.
- Athletes and officials are not permitted to use the elevators in the Ivor Wynne Centre or David Braley Athletic Centre unless they have a disability and cannot use the stairs.
- Participants and spectators must wear clothing and footwear at all times when not on the pool deck (swim suits alone are not permitted).
- Food is not permitted on the pool deck at any time for participant consumption with the exception of drinks provided for the officials working at the event.
- Glass of any kind is not permitted on the pool deck.
- Entries into the water must be foot first at all times with the exception of the last few minutes of the meet warm up (deep end only) and the actual competition.
- No diving off the starting blocks or bulkhead during warm-ups with the exception
 of the last few minutes of warmups as designated by the event officials.
- The use of flippers and hand paddles, during warm-ups is prohibited.
- Athletes that are not competing must remain in the pool area, pool gallery, change rooms or food concession areas only. Athletes are not to hinder the normal operation of the facility.
- Coaches are directly responsible for the supervision of their athletes at all times.
 This includes the pool area, change rooms, hallways and all other areas of the Ivor Wynne Centre and David Braley Athletic Centre.
- · All buses and cars must be parked in appropriate parking lots.
- · Please put trash and recycling items in the appropriate marked containers.

Thank you!





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