

# 2016 STEELTOWN INVITATIONAL

 **IRONMAN PRIZE** 

**Dec. 9<sup>th</sup> to 11<sup>th</sup>**

**AT McMASTER UNIVERSITY  
IVOR WYNNE CENTRE**

**Hosted by the  
HAMILTON AQUATIC CLUB**



# 2016 Steeltown Invitational

## GENERAL INFORMATION

**DATE:** December 9 to 11, 2016

**HOSTED BY:** Hamilton Aquatic Club

**LOCATION:** McMaster University, Ivor Wynne Centre  
1280 Main Street West  
Hamilton, Ontario, L8M 1E2  
905-525-9140 ext 24612

**FACILITY:** 50 metre, 6 lane pool set for competition in the deep end (short course, 25m, single end for the competition). The shallow end (25m, 6 lanes) is also available during the meet for warm-up and cool-down.  
Colorado Electronic Timing System with Colorado 6-lane scoreboard  
Seating for 700 spectators.

**COMPETITION:** Swim Ontario sanctioned

**OFFICIALS:** Meet Managers: Lisa Hodge [squarepegs1@yahoo.com](mailto:squarepegs1@yahoo.com)

Competition Coordinator: Brad Knowles

Officials Chair: Scott Hunt [hunt4scott@gmail.com](mailto:hunt4scott@gmail.com)

## ELIGIBILITY & ENTRIES

### **DEADLINES:**

- **Entry Deadline:** Entries after December 2 will be treated as deck entries. They will be entered, session time permitting, but optimal seeding is not guaranteed.
- **Scratch Deadline:** Monday November 28, 2016 (no refunds after this date). The scratch deadline is set so that there is time to book clubs on the waiting list. As such, MEET ENTRY FEES ARE STILL DUE FOR SWIMS SCRATCHED AFTER THE SCRATCH DEADLINE.

### **ENTRY FEES:**

- \$7/swimmer splash fee
- \$12.00 per swim for the 800 Free, 1500 Free, and 400 IM events
- \$10 per swim for all other events
- Cheques are payable to: HAMILTON AQUATIC CLUB

### **ELIGIBILITY:**

- Swimmers must be registered as competitive with Swim Ontario, SNC and/or FINA recognized organizations
- Registration numbers and DOB must be included in the entry file

### **ENTRY LIMITATIONS:**

- There are no limits to the number of swims per swimmer. However no swimmer can be entered in both the 800 Free and 1500 Free.
- Deck entries will be accepted at the discretion of the meet manager; fee(s) paid in cash that day.

### **SWIMMERS' AGE:**

- As of December 9, 2016 (first day of the competition)

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## QUALIFYING STANDARDS:

- There are no qualifying standards.
- In order to plan the meet properly we appreciate entries with guestimate times for the 400, 800, and 1500 FR, and 400 IM events. Coaches should try to include a time for all swimmers for these events. Where necessary, we will be swimming the 1500 FR at the same time as the 800 FR.

## ENTRY SUBMISSIONS:

- All entries must be submitted through [www.swimming.ca](http://www.swimming.ca).
- No entries will be accepted directly by meet management.
- Please ensure all entries contain valid 9 digit Swim Ontario ID registration numbers.
- In order for your team to be registered in this competition, you must have received an **e-mail confirmation** indicating receipt of your entries

## MEET RESULTS:

- Results will be forwarded to [www.swimming.ca](http://www.swimming.ca) within 48 hours of the completion of the meet.
- Unofficial results are available on THE MEET MOBILE APP; to be updated after each session. Results may change as session results are combined each day. MEET MOBILE is a paid app.

## GENERAL INFORMATION:

- Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on deck.
- Lanes 1&6 will be set up as sprint lanes for the last third of the warm-up; other lanes may be opened where required.
- All events are short course timed finals.
- Saturday & Sunday morning & afternoon sessions offer the same events. Coaches should select events based on their club's session preference. Morning & afternoon results will be merged and posted by age groups and gender.
- The 200 IM is offered in multiple sessions for convenience and to make the best use of the session time available. Results will be merged and posted by age groups and gender.
- **Clubs are not permitted to enter a swimmer in the same event twice (not including time trials).**
- Meet Management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question.
- The procedure for obtaining an 'Official Split' now requires that coaches make the request to the session referee or meet management on the "Official Split Request" Form prior to the race. The split for the lead-off leg in relays will still be regarded as an official split and therefore no request by coaches is needed for relays. However, in the new 'mixed gender' relays, lead-off times/splits are not considered "official splits" as per international practice.

## RECORDING OF AN EVENT:

- Only individuals that have made application and received authorization to record the event, in any manner, in any medium or context known or unknown or hereafter developed, shall be granted access and permission to do so. Please contact meet management for application and authorization.

## COACHES REGISTRATION:

- Meet management will cross reference the list of coaches in attendance at this competition with the [Swim Ontario Compliancy list](#). If a coach is not on this list, meet management is obligated to enforce the SNC policy and *not permit that coach to attend the meet*. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.

## SEEDING:

- Meet will be senior seeded; swum fastest to slowest.
- The host seeks an exemption from the requirement to swim events in gender separated events due to facility or time limitations, swimming separated by gender would not permit all swims to be completed while offering reasonable opportunities to swim for all participants, and in particular on an equitable basis for swimmers of each gender.

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## AGE CLASSIFICATIONS:

- Individual events: 10&Under, 11, 12, 13, 14, and 15&Over

## AWARDS:

- Ribbons - 1<sup>st</sup> through 6<sup>th</sup>
- **High point trophy** for each age & gender classification. Scoring for each event will be 8 points for 1<sup>st</sup>, 5 points for 2<sup>nd</sup>, 4 points for 3<sup>rd</sup>, 3 points for 4<sup>th</sup>, 2 points for 5<sup>th</sup>, 1 point for 6<sup>th</sup>. Each swimmer's total points will be the summed to determine the high point winners. Note that there is no maximum limit of swims, except that no swimmer can swim both the 800 and 1500 Free.
- High Point ties will be decided, between swimmers with tied total points scored based on the swimmer who has the most points for first places and then after that, the swimmer with the most seconds, and so on until there is a clear high point winner. If all else fails, we will proclaim a high point winner based on the swimmer whose total meters swum (over all meet events) is the highest.
- **NEW!!! IRONMAN PRIZE – \$25 CASH PRIZE for highest combined points for IRONMAN events (see below) for male and female in each age category.**
- IRONMAN Award given to one male and one female in each age category scoring the highest total combined points for the following events: 200IM, 400 FR, 50 BK, and 100 BR for 10&U, 11, and 12, and 400IM, 800 FR, 50 BK, 100 BR for 13, 14, and 15& over age groups. Scoring for each event will be 8 points for 1<sup>st</sup>, 5 points for 2<sup>nd</sup>, 4 points for 3<sup>rd</sup>, 3 points for 4<sup>th</sup>, 2 points for 5<sup>th</sup>, 1 point for 6<sup>th</sup>. Each swimmer's total points will be the summed to determine the ironman prize winners.
- Ironman Prize ties will be decided, between swimmers with tied total points scored based on the swimmer who has the most points for first places and then after that, the swimmer with the most seconds, and so on until there is a clear high point winner. If all else fails, we will proclaim a high point winner based on the swimmer whose total meters swum (over all meet events) is the highest.
- **No deck entries will be allowed to score for IRONMAN events**

## ACCOMMODATIONS:



Visitors Inn – 649 Main Street West, Hamilton, Ontario 1-800-387-4620

Online: [www.visitorsinn.com](http://www.visitorsinn.com) or e-mail: [reservations@visitorsinn.com](mailto:reservations@visitorsinn.com)

This is the closest and most convenient hotel to the pool at McMaster University. It offers luxury at affordable prices.

Space is limited. Please call to reserve before November 18.

## HAMILTON AQUATIC CLUB TERMS & CONDITIONS

Meet management reserves the right to limit entries at their discretion to comply with Club policies and in order to balance the loading of the sessions and ensure a successful completion of the meet in accordance with the Swim Ontario mandated timelines.

Meet management reserves the right to accommodate 2 swimmers per lane for the 400, 800 and 1500 freestyle events if necessary to ensure successful completion within Swim Ontario timelines.

Fees for scratched entries that are made after the scratch deadline are still due. **Scratches must be reported 30 min prior to the 1<sup>st</sup> race of the session.** Meet Management reserves the right to scratch (with no refund) the remaining swimmer events (from that session) for a “no-show.”

Photographers must obtain authorization from meet management before the start of event to access the deck

Only swimmers, certified coaches, officials and authorized person are allowed on deck.

Participating clubs are requested to provide officiating support during the sessions they attend.

Please contact: [hunt4scott@gmail.com](mailto:hunt4scott@gmail.com)

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## COMPETITION RULES:

### Sanctioned by Swim Ontario.

All current Swimming/Natation Canada (SNC) rules will be followed.

Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in effect. Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion will be removed without warning from their first **individual** event following the warm-up period in which the violation occurred. The full document can be viewed [HERE](#).

Only FINA approved swimwear is allowed in competition as per GR 5. The full details can be viewed [HERE](#).

### ORDER OF EVENTS:

#### FRIDAY December 9, 2016

##### SESSION 1

**Warm Up\*: 5:00 - 5:55 PM Start: 6:00 PM**

| <u>Number</u> | <u>Event</u>   |
|---------------|--|
| 101           | 200 I.M. (also limited <sup>†</sup> space offered on Sunday) |
| 102           | 800 Freestyle  |
| 103           | 1500 Freestyle   |

#### SATURDAY December 10, 2016

##### SESSION 2

**Warm Up\*: 9:00 - 9:55 AM Start: 10:00 AM**

##### SESSION 3

**Warm Up\*: 2:30 - 3:25 PM Start: 3:30 PM**

| <u>Number</u> | <u>Event</u>     | <u>Number</u> | <u>EVENT</u>     |
|---------------|------------------|---------------|------------------|
| 204           | 100 I.M.         | 304           | 100 I.M.         |
| 205           | 100 Breaststroke | 305           | 100 Breaststroke |
| 206           | 50 Backstroke    | 306           | 50 Backstroke    |
| 207           | 100 Freestyle    | 307           | 100 Freestyle    |
| 208           | 200 Backstroke   | 308           | 200 Backstroke   |
| 209           | 50 Breaststroke  | 309           | 50 Breaststroke  |
| 210           | 100 Butterfly    | 310           | 100 Butterfly    |
| 211           | 400 FR           | 311           | 400 FR           |

#### SUNDAY December 11, 2016

##### SESSION 4

**Warm Up\*: 8:30 - 9:25 AM Start: 9:30 AM**

##### SESSION 5

**Warm Up\*: 2:00 - 2:55 PM Start: 3:00 PM**

| <u>Number</u> | <u>Event</u>     | <u>Number</u> | <u>Event</u>     |
|---------------|------------------|---------------|------------------|
| 401           | 200 I.M.         | 501           | 200 I.M.         |
| 412           | 50 Freestyle     | 512           | 50 Freestyle     |
| 413           | 200 Butterfly    | 513           | 200 Butterfly    |
| 414           | 100 Backstroke   | 514           | 100 Backstroke   |
| 415           | 200 Breaststroke | 515           | 200 Breaststroke |
| 416           | 50 Butterfly     | 516           | 50 Butterfly     |
| 417           | 400 I.M.         | 517           | 400 I.M.         |
| 418           | 200 Freestyle    | 518           | 200 Freestyle    |

\*The shallow end will also be available for warm-up, warm-down during the meet.

<sup>†</sup> Sunday 200 IM space will be prioritized to fit clubs that are participating on all 3 days and to maximize fit

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## Aquatic Event Guidelines

Welcome to McMaster University for your aquatic event! McMaster University hosts many athletic events as well as academic programmes. We appreciate your assistance in helping us maintain operations for students, faculty and facility members during your event by following the procedures and use guidelines listed below.

- Participants must use the Ivor Wynne Centre change rooms only. David Braley Athletic Centre change rooms are off limits to all participants.
- We recommend the use of locks on all lockers used by participants in the Ivor Wynne Centre change rooms.
- Athletes and officials are not permitted to use the elevators in the Ivor Wynne Centre or David Braley Athletic Centre unless they have a disability and cannot use the stairs.
- Participants and spectators must wear clothing and footwear at all times when not on the pool deck (swim suits alone are not permitted).
- Food is not permitted on the pool deck at any time for participant consumption with the exception of drinks provided for the officials working at the event.
- Glass of any kind is not permitted on the pool deck.
- Entries into the water must be foot first at all times with the exception of the last few minutes of the meet warm up (deep end only) and the actual competition.
- No diving off the starting blocks or bulkhead during warm-ups with the exception of the last few minutes of warmups as designated by the event officials.
- The use of flippers and hand paddles, during warm-ups is prohibited.
- Athletes that are not competing must remain in the pool area, pool gallery, change rooms or food concession areas only. Athletes are not to hinder the normal operation of the facility.
- Coaches are directly responsible for the supervision of their athletes at all times. This includes the pool area, change rooms, hallways and all other areas of the Ivor Wynne Centre and David Braley Athletic Centre.
- All buses and cars must be parked in appropriate parking lots.
- Please put trash and recycling items in the appropriate marked containers.

**Thank you!**