

Welcome to the 2016/2017 Swim Season!



**Our Mission:** The Club (HAC) has operated in the Hamilton community for over 80 years as a successful, non-profit organization offering healthy recreational activities for the youth of Hamilton. Through HAC, thousands of young people have learned to swim and have had the opportunity to represent Hamilton, their province and their country in international sporting and cultural events. Our alumni includes three-time Olympian, **Joanne Malar** and 2 time Olympian **Scott Dickens**, as well as coaches, parent volunteers and officials recognized by provincial and national swimming associations.

The Hamilton Aquatic Club is dedicated to the development of young swimmers to their highest potential while pursuing and achieving their personal goals and developing self-discipline, sportsmanship and leadership. Our young swimmers achieve excellence while pursuing the dream of competing for Canada. Involvement in HAC requires a level of commitment and training above what is normally experienced in recreational programs. There is increased emphasis on technical development, time in the pool and family involvement. The benefits include enhanced self-esteem, an appreciation of teamwork, time management and the enjoyment of being involved in a healthy, active life style with a good circle of friends.

The successful operation of HAC depends on the active involvement of our member families in club swimming and fundraising events. It takes the co-operative efforts of family members to keep fees as low as possible and to ensure the safety and enjoyment of our athletes. HAC is looking forward to another great season! And we want you to be a part of it! Below is everything you need to know to register your child.

### **Online Registration**

For Novice, the online form can be found at:

<https://docs.google.com/forms/d/1Mp9XMJ9ZhPHnH9nt6sOFLQaSm9vpX0ZbjmzDX2q7u6Q/viewform?c=0&w=1>.

This new system is fast and easy and will aide our coaches and HAC Administration in providing the best possible programming to meet the individual needs of our swimmers. Payment information will be submitted separately.

### **Team Uniforms**

For the 2016/2017 Swim Season HAC will be moving towards a mandatory uniform for swim meets. All swimmers will be required to wear a HAC Swim Cap and HAC T-Shirt when on deck and swimming in a swim meet. T-Shirts are \$14 to \$20.00 and Personalized Caps are \$32.00. An order form is attached with this package. **There is no need to order items if your swimmer already has a cap and a t-shirt.**

### **Volunteering**

Each family will be asked to volunteer a set number of swim meet sessions (depending on level) during the year. Any representative from your family is able to participate and earn your volunteer points provided he/she is over the age of 14. More than one family representative may work any swim meet at the same time. Each session worked earns one point. A full point value chart indicating other ways to earn points will be presented at the Annual General Meeting in September. Bond cheques will be cashed on May 31, 2017 if less than 50% of the participation requirement has been met. Any adjustments for participation done after May 31 will be handled before June 30<sup>th</sup>. If a family has only partially completed their volunteer requirement there will be a pro-rated levy applied. Failure to show for an agreed upon session will result in a \$60.00 assessment.

### **2016/2017 Swim Schedules**

We will be kicking off the 86<sup>th</sup> season of Hamilton Aquatic Club the week of September 12, 2017. Stay tuned to the website and note that a modified pool schedule will most likely be in effect the first two weeks of practice as some of the pools we utilize may be shut down for maintenance.

**2016/2017 Swim Meet Schedule**

Stay tuned to our website as the meet schedule will be posted over the summer at [www.hamiltonaquaticclub.ca](http://www.hamiltonaquaticclub.ca)

**Novice Registration - Choose the Option that's right for you.**

**N1 – Practice 1 time per week**

**N2 – Practice 2 times per week**

**N3 – Practice 3 times per week**

<p><b>N3 Black</b> Monday Ryerson 7:00-8:00pm Wednesday Ryerson 7:00-8:00pm Sunday Central 9:30-10:30am</p>	<p><b>N3 Gold</b> Monday Jimmy Thompson 6:00-7:00pm Wednesday Ryerson 6:00-7:00pm Sunday Central 9:30-10:30am</p>	<p><b>N3 White</b> Monday Hill Park 7:00-8:00pm Friday Hill Park 7:00-8:00pm Sunday Central 9:30-10:30am</p>
<p><b>N2 Black</b> Monday Ryerson 7:00-8:00pm Wednesday Ryerson 7:00-8:00pm</p>	<p><b>N2 Gold</b> Monday Jimmy Thompson 6:00-7:00pm Wednesday Ryerson 6:00-7:00pm</p>	<p><b>N2 White</b> Monday Hill Park 7:00-8:00pm Friday Hill Park 7:00-8:00pm</p>
		<p><b>N1 White</b> Friday Hill Park 7:00-8:00pm</p>

<p><b>N3 Red</b> Tuesday Hill Park 6:00-7:00pm Thursday Dalewood 6:30-7:30pm Sunday Central 9:30-10:30am</p>	<p><b>N3 Blue</b> Wednesday Ryerson 6-7pm Friday MacNab St YWCA 7-8pm Sunday Central 9:30-10:30am</p>
<p><b>N2 Red</b> Tuesday Hill Park 6:00-7:00pm Thursday Dalewood 6:30-7:30pm</p>	<p><b>N2 Blue</b> Wednesday Ryerson 6-7pm Friday MacNab St YWCA 7-8pm</p>
<p><b>N1 Red</b> Tuesday Hill Park 5:00-6:00pm</p>	

Swim Fees					
Level	Number of Volunteer Points	Annual Fee	12 Monthly Payments (July – June)	10 Monthly Payments (Sept – June)	Volunteer Bond
Novice 1	0	\$450	\$37.50	\$45	\$0.00
Novice 2	3	\$750	\$62.50	\$75.00	\$180
Novice 2 (1 <sup>st</sup> additional Swimmer)	1	\$600	\$50.00	\$60.00	\$60
Novice 2 (2 <sup>nd</sup> additional Swimmer)	0	\$527	\$43.91	\$52.70	\$0
Novice 3	4	\$900	\$75.00	\$90.00	\$240
Novice 3 (1 <sup>st</sup> additional Swimmer)	2	\$720	\$60.00	\$72.00	\$120
Novice 3 (2 <sup>nd</sup> additional Swimmer)	1	\$630	\$52.50	\$63.00	\$60

### Multi-Swimmer Families

Any additional swimmers from the same family will receive a discount on Swim Fees. The second swimmer will receive a 20% discount and the third swimmer will receive a 30% discount on Swim Fees. Please inform HAC Administration if you are registering more than one swimmer. Additional Volunteer Points will be required.

Yearly Swim Ontario Fee – Age as of December 31, 2016	
\$90.80	8yrs and Under
\$110.80	9 & 10yrs
\$130.80	11 to 14yrs
<b>Please postdate a cheque for Sept. 1, 2016</b>	

### How to Register

To register, families need to complete the following:

- 1) Our new on-line registration form:  
<https://docs.google.com/forms/d/1Mp9XMIJ9ZhPHnH9nt6sOFLQaSm9vpX0ZbjmzDX2q7u6Q/viewform?c=0&w=1>.
- 2) Complete the double-sided Waiver (Paper Copy)
- 3) Attach the \$50 Registration Fee
- 4) Attach a void cheque to the Direct Deposit Form
- 5) Attach your 2016/2017 Swim Ontario Fee (Postdated for September 1<sup>st</sup>, 2016)
- 6) Attach your 2016/2017 Bond Cheque (Postdated for May 31<sup>st</sup>, 2017)
- 7) Complete your uniform order and attach a cheque.

**Please make all cheques payable to the Hamilton Aquatic Club. Please mail in completed Direct Deposit Form and cheques to the Hamilton Aquatic Club PO Box 69042, Hamilton ON, L8K 6R4.**

Should you have any questions please email our Hamilton Aquatic Club Administrator, Theresa Malar, at [admin@hamiltonaquaticclub.ca](mailto:admin@hamiltonaquaticclub.ca). We look forward to an exciting 2016/2017 Swim Season!

**Thank you,  
The Hamilton Aquatic Club Team**