

41st Anniversary

SWIM INTERNATIONAL 2016

NOVEMBER 11th, 12th & 13th, 2016

AT

THE WAYNE GRETZKY SPORTS CENTRE

NORTH PARK STREET

BRANTFORD, ONTARIO

Sanctioned by: SWIM ONTARIO

HOSTED BY:

THE BRANTFORD AQUATIC CLUB

****THE ONLY MEET PACKAGE WHICH WILL BE CONSIDERED AS VALID MUST BE THE MOST CURRENT VERSION FOUND ON WWW.SWIMMING.CA ****

Swim International 2016
November 11-13, 2016

MEET MANAGEMENT:

Meet Manager: Jocelyn Jay – jocelyn.jay@gmail.com

Competition Coordinator: Dave Shewfelt – dave.fina09@gmail.com 519-442-4560

Competition Coordinator: Crosby Gibson crosby.gibson@rogers.com

FACILITIES:

Two 8 lane 25 meter pools. Four lane 18 meter warm-up/down pool. Electronic timing, Omega system.

Eight lane score board in both pools.

Health and Safety Regulations require no outdoor shoes be worn on deck.

Only participating swimmers, officials, certified coaches and authorized people are allowed on the west side of the deck, the east side bleachers are reserved for spectators.

Photographers must obtain authorization from the meet manager prior to competition to be allowed on deck.

COACH'S REGISTRATION:

Meet management will cross reference the list of coaches in attendance at this competition with the [Swim Ontario Compliance lists](#). If a coach is not on this list, meet management is obligated to enforce the SNC policy and not permit that coach to attend meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.

ENTRY DEADLINE:

Friday, October 21, 2016 for preliminary files from reserved clubs. Final deadline Tuesday, November 1, 2016.

All entries must be in Hy-tek format and submitted via www.swimming.ca No entries will be accepted directly by meet management.

RESULTS: Will be posted to www.swimming.ca within 48 hours of the meet's completion. Live meet results at www.brantfordaquaticclub.ca

MEET INFORMATION:

This invitational meet will be limited to 5000 swims. Invitations are at the sole discretion of meet management. This is an A/B time standard meet, and coaches are reminded the entry standards are in place to ensure the length of the sessions are not too long and times will be validated thru the online entry system. Qualifying times since September 1, 2015 are eligible for use. The Brantford Aquatic Club reserves the right to enter any of its team members, regardless of the time standard or the entry limit, and reserves the right to add additional non-scoring heats for BRANT swimmers following any session.

ENTRY LIMITATIONS:

Swimmers will be limited to **4 individual events per session**. Each Club will be limited to **2 relay teams per age group**. Relay only swimmers **are not permitted**. All events are pre-seeded. **Deck entries will be accepted only where space is available** and swum as exhibition for times only and not exceeding 4 individual events per session. Deck entries will not swim in finals nor will they be scored. All relays, 400/800/1500 Free and 400IM all ages and all 10 & under and 11/12 events will be swum as time finals during preliminary sessions.

Meet management reserves the right to limit the number of swimmers in any event, and swim 2 per lane for 800 and 1500 free if time constraints exist.

Meet Management reserves the right to combine 15/16 and 17&Over events.

No session will be longer than 4.5 hours in length.

WARM-UPS:

**** There will be a moment of silence at 11am on Friday to honour the lives lost defending our country.**

Friday Distance	11:00AM to	11:50AM
Friday Afternoon	3:30PM to	4:20PM
Weekend Mornings	7:30 AM to	8:20 AM
Weekend Afternoons	12:30PM to	1:20PM
Evening Finals	5:00PM to	5:50PM

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POOL ASSIGNMENT:

Session:	Deep End	Shallow End
Friday distance	M&W 13&over	
Friday afternoon	M&W17&over, M&W 13/14	M&W 15/16
Saturday morning	M&W15/16	M&W 17&over, M&W 13/14
Saturday afternoon	M11/12, W10&U	W11/12, M10&U
Sunday morning	M&W 17&over, M&W 13/14	M&W 15/16
Sunday afternoon	W11/12, M10&U	M11/12, W10&U
All Finals	Deep End	

pool assignments may be adjusted at meet manager's discretion to balance the sessions

AWARDS:

Medals - 1st to 3rd, for individual events and relays

Ribbons - 4th to 8th, for individual events and relays

Overall Team

Small Team (10 swimmers or less)

**Top Team Male & Female overall points in the
200 and 400 I.M and 400 free**

SCORING:

Individual events - 9, 7, 6, 5, 4, 3, 2, 1

Relays - 18, 14, 12, 10, 8, 6, 4, 2

Competition Rules:

All current Swimming/Natation Canada rules will be followed. Please note Swimming Canada Competition Warm-up Safety Procedures will be in effect. Swimmers witnessed by a Safety Marshall diving or entering the water in a dangerous fashion may be removed without warning from their first individual event following the warm-up period in which the violation occurred. The full document can be viewed [HERE](#). Only FINA approved swimwear is allowed in the competition as per GR 5. The full details can be viewed [HERE](#). Swimmers will not be penalized for scratching from preliminary heats or timed finals. Scratches for evening finals shall be due 30 minutes following the completion of the session. Coaches are responsible to inform their swimmers before arrival of the Safety Rules as contained in this package and to ensure their adherence and the athletes disciplined behavior. **Meet Officials will provide a safe environment and an organized competition. We are not responsible for the supervision of the athletes during the competition and especially during session breaks.**

"Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question."

OUT OF PROVINCE CLUBS:

All Clubs from outside of Ontario must provide a "Certificate of Insurance" naming the "City of Brantford" and the "Brantford Aquatic Club" as insured parties. This must be received 7 days prior to meet. No Clubs will swim without proof of insurance. All Clubs must be FINA affiliated and provide swimmer registration numbers with entries. All swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the [Proof of Residence and Registration Status form](#) to Swim Ontario no later than 7 days prior to start of competition.

ELIGIBILITY:

All athletes must be registered as Competitive swimmers with SNC, or any other amateur swimming organization recognized by FINA. A valid SNC registration number is required for all Canadian swimmers, and entries without a SNC registration number will be declined entry. PARA Swimmer entry standards: To be eligible PARA swimmers must meet the national standard for their disability for all entered swims. This is not an IPC sanctioned event.

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ENTRY FEES:

Individual events	\$10.00 CAD	\$7.50 USD
Relay events	\$12.00CAD	\$9.00 USD
Deck Entries (Exhibition only)	\$15.00CAD	\$10.00 USD
Swimmer/facility surcharge	\$5.00/swimmer CAD	\$3.50/swimmer USD

Make cheque payable to "BRANTFORD AQUATIC CLUB". A \$25 NSF fee will be charged, for return items.

EVENT LIST and ENTRY TIMES (Short course meters)

Friday Distance November 11, 2016 Warm-ups 11:00 – 11:50A.M. Start 12:00P.M.

EVENT #	WOMEN	TIME	EVENT	TIME	MEN	EVENT #
1	13&over	11:00.00	800 Free	10:50.00	13&over	2
3	13&over	21:00.00	1500 Free	20:45.00	13&over	4

Friday Evening November 11, 2016 Warm-ups 3:30 - 4:20P.M. Start 4:30P.M.

EVENT #	WOMEN	TIME	EVENT	TIME	MEN	EVENT #
5	13-14	2:27.73/2 :24.40	200 Free	2:23.50/2 :18.03	13-14	6
7	15&16	2:23.54	200 Free	2:14.80	15&16	8
9	17&over	2:22.80	200 Free	2:09.90	13-14	10
11	13-14	5:56.70/5 :47.52	400 I.M.*	5:44.84/5 :36.54	13-14	12
13	15&16	5:45.80	400 I.M.*	5:27.20	15&16	14
15	17&over	5:44.70	400 I.M.*	5:19.30	17&over	16

*400 IM events are swum as Timed Finals 200 Free Finals will be swum Sat. Evening

Saturday Morning, Nov. 12, 2016 Warm-ups 7:30 am– 8:20am. Start 8:30A.M.

EVENT #	WOMEN	TIME	EVENT	TIME	MEN	EVENT #
17	13-14	3:08.40/3 :03.50	200 Breast	3:09.04/3 :02.41	13-14	18
19	15&16	3:02.88	200 Breast	2:52.20	15&16	20
21	17 & Over	3:01.90	200 Breast	2:47.90	17 & Over	22
23	13-14	32.00/ 31.40	50 Free	30.00/ 29.00	13-14	24
25	15&16	31.20	50 Free	28.30	15&16	26
27	17 & Over	31.00	50 Free	27.40	17 & Over	28
29	13-14	2:44.08/2 :41.32	200 Back	2:42.50/2 :34.44	13-14	30
31	15&16	2:38.23	200 Back	2:30.90	15&16	32
33	17 & Over	2:36.67	200 Back	2:21.89	17 & Over	34
35	13-14	43.60	50 Breast	43.30	13-14	36
37	15&16	41.50	50 Breast	40.70	15&16	38
39	17 & Over	40.00	50 Breast	39.50	17 & Over	40
41	13-14	1:17.20/1 :16.03	100 Fly	1:15.23/1 :10.90	13-14	42
43	15&16	1:15.20	100 Fly	1:09.80	15&16	44
45	17 & Over	1:14.50	100 Fly	1:07.00	17 & Over	46
47	13-14	5:02.00/4 :55.70	400 Free*	4:59.40/4 :47.46	13-14	48

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49	15&16	4:53.85	400 Free*	4:34.10	15&16	50
51	17 & Over	5:05.39	400 Free*	4:37.63	17 & Over	52
201	13&14	NT	200 Free Relay*	NT	13&14	202
203	15&16	NT	200 Free Relay*	NT	15&16	204
205	17&over	NT	200 Free Relay*	NT	17&over	206

* 400 Free is swum as TIME FINALS

Saturday Afternoon Nov. 12, 2016

Warm-ups 12:30 - 1:20P.M. Start 1:30P.M.

EVENT #	WOMEN	TIME	EVENT	TIME	MEN	EVENT #
53	11-12	5:36.62/5 :15.97	400 Free*	5:41.01/5 :15.41	11-12	54
55	11-12	3:42.47/3 :27.67	200 Breast*	3:37.00/3 :27.76	11-12	56
57	10 & U	4:07.59	200 Breast*	4:18.43	10 & U	58
59	11-12	36.55/ 34.58	50 Free*	36.82/ 34.06	11-12	60
61	10 & U	43.5	50 Free*	43.5	10 & U	62
63	11-12	3:15.17/3 :02.87	200 Back*	3:16.89/3 :03.07	11-12	64
65	10 & U	3:43.50	200 Back*	3:46.66	10 & U	66
67	11-12	1:33.93/1 :28.26	100 Fly*	1:38.08/1 :27.35	11-12	68
69	10 & U	2:00.0	100 Fly*	2:05.00	10 & U	70
71	11-12	45.50	50 Breast	48.00	11-12	72
73	10 & U	51.00	50 Breast	53.00	10 & U	74
75	11-12	2:50.00/2 :43.87	200 Free*	2:50.00/2 :43.22	11-12	76
77	10 & U	3:25.0	200 Free *	3:30.0	10 & U	78
207	11-12	NT	200 Free Relay*	NT	11-12	208
209	10 & U	NT	200 Free Relay*	NT	10 & U	210

*ALL EVENTS ARE TIME FINALS

FINALS Saturday Evening Nov. 12, 2016

Warm-ups 5:00 - 5:50P.M. Start 6:00P.M.

EVENT #	WOMEN	EVENT	MEN	EVENT #
17,19,21	13,14; 15-16; 17&over	200 Breast	13,14; 15-16; 17&over	18,20,22
23,25,27	13,14; 15-16; 17&over	50 Free	13,14; 15-16; 17&over	24,26,28
29,31,33	13,14; 15-16; 17&over	200 Back	13,14; 15-16; 17&over	30,32,34
35,37,39	13,14; 15-16; 17&over	50 Breast	13,14; 15-16; 17&over	36,38,40
41,43,45	13,14; 15-16; 17&over	100 Fly	13,14; 15-16; 17&over	42,44,46
5,7,9	13,14; 15-16; 17&over	200 Free	13,14; 15-16; 17&over	6,8,10

Sunday Morning Nov. 13, 2016.

Warm-ups 7:30-8:20am . Start 8:30A.M.

EVENT #	WOMEN	TIME	EVENT	TIME	MEN	EVENT #
79	13-14	1:28.43/ 1:24.93	100 Breast	1:26.47/ 1:22.05	13-14	80
81	15&16	1:24.00	100 Breast	1:19.40	15&16	82
83	17 & Over	1:23.87	100 Breast	1:15.12	17 & Over	84
85	13-14	37.50	50 Back	37.50	13-14	86
87	15&16	35.50	50 Back	35.50	15&16	88
89	17 & Over	33.50	50 Back	33.50	17 &Over	90

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91	13-14	2:53.40/ 2:50.56	200 Fly	2:50.60/ 2:44.42	13-14	92
93	15&16	2:44.20	200 Fly	2:39.40	15&16	94
95	17 & Over	2:42.52	200 Fly	2:28.31	17 & Over	96
97	13-14	1:16.50/ 1:15.50	100 Back	1:15.80/ 1:12.00	13-14	98
99	15&16	1:13.17	100 Back	1:10.20	15&16	100
101	17 & Over	1:12.88	100 Back	1:06.98	17 & Over	102
103	13-14	35.50	50 Fly	35.50	13-14	104
105	15&16	33.00	50 Fly	32.50	15&16	106
107	17 & Over	31.00	50 Fly	30.50	17 & Over	108
109	13-14	2:48.00/ 2:43.37	200 I/M	2:44.38/ 2:37.35	13-14	110
111	15&16	2:41.27	200 I/M	2:31.50	15&16	112
113	17 & Over	2:40.20	200 I/M	2:27.50	17 & Over	114
115	13-14	1:07.24/ 1:05.05	100 Free	1:05.11/ 1:01.70	13-14	116
117	15&16	1:04.75	100 Free	1:00.98	15&16	118
119	17&over	1:03.50	100 Free	58.55	17&over	120
211	13&14	NT	200 Medley Relay*	NT	13&14	212
213	15&16	NT	200 Medley Relay*	NT	15&16	214
215	17 & Over	NT	200 Medley Relay*	NT	17 & Over	216

*Relays are swum as time finals

Sunday Afternoon Nov.13, 2016

Warm-ups 12:30 - 1:20P.M. Start 1:30P.M.

EVENT #	WOMEN	TIME	EVENT	TIME	MEN	EVENT #
121	10 & U	6:03.06	400 Free*	6:03.06	10 & U	122
123	11-12	1:44.36/ 1:36.93	100 Breast*	1:43.78/ 1:36.83	11-12	124
125	10 & U	2:00.00	100 Breast*	2:05.00	10 & U	126
127	11-12	39.00	50 Back	40.00	11-12	128
129	10 & U	44.00	50 Back	44.50	10 & U	130
131	11-12	3:26.81/3: 22.81	200 Fly*	3:26.34/ 3:21.46	11-12	132
133	10 & U	53.00	50 Fly*	57.00	10 & U	134
135	11-12	1:30.88/1: 25.48	100 Back*	1:32.92/ 1:25.96	11-12	136
137	10 & U	1:50.00	100 Back*	1:53.00	10 & U	138
139	11-12	38.00	50 Fly	38.00	11-12	140
141	11-12	3:08.84/2: 57.44	200 I/M*	3:12.71/ 2:56.69	11-12	142
143	10 & U	3:42.30	200 I/M*	3:47.82	10 & U	144
145	11-12	1:19.66/ 1:15.93	100 Free*	1:21.27/ 1:14.86	11-12	146
147	10 & U	1:35.00	100 Free*	1:37.00	10 & U	148
217	11-12	NT	200 Medley Relay*	NT	11-12	218
219	10 & U	NT	200 Medley Relay*	NT	10 & U	220

*ALL EVENTS ARE SWUM AS TIME FINALS

FINALS Sunday Evening Nov. 13, 2016

Warm-ups 5:00 - 5:50P.M. Start 6:00P.M.

EVENT #	WOMEN	EVENT	MEN	EVENT #
79,81,83	13,14;15&16,17&over	100 Breast	13,14;15&16,17&over	80,82,84
85,87,89	13,14;15&16,17&over	50 Back	13,14;15&16,17&over	86,88,90

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Quality Inn Hwys. 401&59, Woodstock 800-228-5151

RESTAURANTS: FAST FOOD

Arby's 129 King George Rd.
Tim Horton 226 or 615 West St.
20, 236, or 265 King George Rd.
648 Colborne St.
Lynden Park Mall
McDonald's 73 King George Rd.
299 Wayne Gretzky Parkway
27 Stanley St.
Wendy's 620 West St. Plaza

TAKE OUT

Mr. Sub 410 Fairview Dr./West St.
The Pita Pit 185 King George Rd.
Subway 206 King George Rd.
640 Colborne St. East
Domino's Pizza 168 Charing Cross Rd.
Pizza Pizza 225 Fairview Dr.
Burrito Brothers 38 Dalhousie St
Taal Indian Cuisine 578 Colborne St E

DINING ROOMS

Angel's Diner 125 King George Rd.
Montana's 84 Lynden Rd.
Sociable Kitchen & Tavern 45 King George Rd.
Pizza Hut 205 King George Rd.
Swiss Chalet Lynden Park Mall
West Garden Buffet- Chinese 560 West St.
King's Buffet – Chinese Lynden Road
Kelsey's (re-modeled) Wayne Gretzky Parkway, at the Lynden Pk Mall
Red Lobster 65 King George Rd.
East Side Mario's 300 King George Rd. at the Brantford Mall
Boston Pizza 299 Wayne Gretzky Parkway
The Keg Lynden Road across from the Lynden Park Mall
Shoeless Joe's 300 King George Rd
Symposium Café 58 King George Rd
Gus & Guidos 245 King George Rd
Zanders Fire Grill 250 King George Rd
Kirby's Bar & Grill 19 Holiday Dr
The Works Gourmet Burger 80 Dalhousie St
Blue Dog Coffee Roasters 199 Brant Ave
Mother's Pizza 185 King George Rd
Sophia's Bakery & Café (Gluten Free) 60 Colborne St

FINER DINING

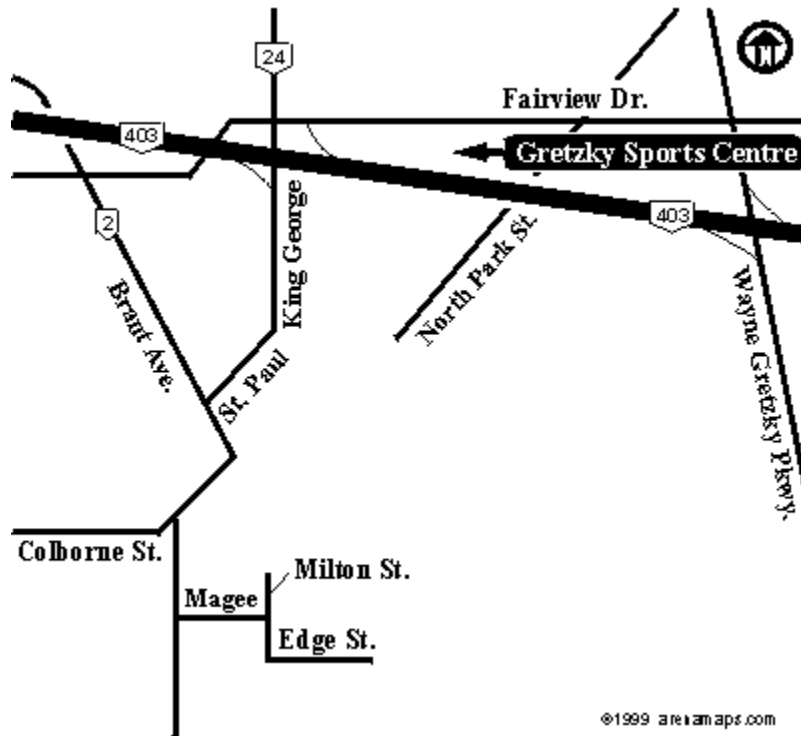
Al Dente Fresh Pasta 250 King George Rd.
Devlin's Bistro 704 Mount Pleasant Rd., Mt. Pleasant
The Olde School House Hwy #2 & Powerline Rd., Paris

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Wayne Gretzky Sports Centre

Gretzky Sport Centre
254 North Park St.
Brantford, Ontario N3R 4L1
(519) 756-9900



Driving Instructions:

From Hwy-403 Westbound to Brantford: West on Hwy-403 to Wayne Gretzky Parkway exit. Turn right (north) at the end of the exit ramp onto the Parkway then turn left onto Fairview Dr. West on Fairview to North Park St. Turn left (south) to entrance road to Wayne Gretzky Sports Centre. **Exit** WGSC by continuing onto Fairview Drive.

From Hwy-403 Eastbound to Brantford: East on Hwy-403 to King George Rd./Hwy-24 exit. North on King George to Fairview Dr. East (right) on Fairview to entrance road to Wayne Gretzky Sports Centre. **Exit** WGSC by continuing onto North Park St. Turn left (north) and continue to Fairview Dr.