

2017 HAMMER LONG COURSE INVITATIONAL



Hammer Time!

February 18, 2017

At McMaster University Ivor Wynne Center

HAMILTON

AQUATIC CLUB
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**Hosted by the
HAMILTON AQUATIC CLUB**

2017 Hammer Invitational

GENERAL INFORMATION

- DATE:** February 18, 2017
- HOSTED BY:** Hamilton Aquatic Club
- LOCATION:** McMaster University, Ivor Wynne Centre
1280 Main Street West
Hamilton, Ontario, L8M 1E2
905-525-9140 ext 24612
- FACILITY:** 50 meter, 6 lane pool.
Colorado Electronic Timing System with 6-Lane Scoreboard.
Seating for 700 spectators.
- COMPETITION:** Swim Ontario sanction
- OFFICIALS:** Meet Manager: Steve Kovar (stevkov7@gmail.com)
Meet Referee: Paul Leslie
Officials Chair: Lisa Hodge (squarepegs1@yahoo.com)

ELIGIBILITY & ENTRIES

DEADLINES:

- Entry Deadline: Seeding will be finalized on Monday Feb 13. Entries after Feb 13 will be entered, space permitting, but optimal seeding is not guaranteed.
- **Scratch Deadline: Sunday February 3, 2017 (no refunds after this date).** The scratch deadline is set so that there is time to book clubs on the waiting list. As such, MEET ENTRY FEES ARE STILL DUE FOR SWIMS SCRATCHED AFTER THE SCRATCH DEADLINE.

ENTRY SUBMISSIONS:

- No entries will be accepted directly; all entries must be submitted via www.swimming.ca.
- Please ensure all entries contain valid 9 digit Swim Ontario ID registration numbers.
- In order for your team to be registered in this competition, you must have received an **e-mail confirmation** indicating receipt of your entries

ENTRY FEES:

- \$5/swimmer splash fee.
- \$10.00 per swim for all other events
- Cheques are payable to: HAMILTON AQUATIC CLUB

ELIGIBILITY/ENTRY LIMITATIONS:

- Swimmers must be registered as competitive with Swim Ontario, SNC and/or FINA recognized organizations
- Registration numbers must be included in the entry file
- There are no limits to the number of swims per swimmer.
- Deck entries will be accepted at the discretion of the meet manager.
- There will be time trials if time permits.

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SWIMMERS' AGE:

- As of February 18, 2017 (first day of the competition)

QUALIFYING STANDARDS:

- There are no qualifying standards.

MEET RESULTS:

- Results will be forwarded to www.swimming.ca within 48 hours of the completion of the meet.
- Unofficial results can be viewed live during the meet on MEET MOBILE by i-pad, i-phone, i-pod and android or BlackBerry phones/tablets with internet connection. MEET MOBILE is no longer FREE.

GENERAL INFORMATION:

- Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on deck.
- Lanes 1&6 will be set up as sprint lanes for the last third of the warm-up.
- All events are long course timed finals.
- Meet Management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question.

SEEDING:

- Meet will be senior seeded; heats swum fastest to slowest.
- The host seeks an exemption from the requirement to swim events in gender separated events due to facility or time limitations, swimming separated by gender would not permit all swims to be completed while offering reasonable opportunities to swim for all participants, and in particular on an equitable basis for swimmers of each gender.

AGE CLASSIFICATIONS:

- 10&Under, 11, 12, 13, 14, 15&Over

AWARDS:

- Ribbons - 1st through 6th for individual events; 1st through 3rd for relays.
- High point trophy for each age & gender classification. Scoring for each individual event will be 8 points for 1st, 5 points for 2nd, 4 points for 3rd, 3 points for 4th, 2 points for 5th, 1 point for 6th. Each swimmer's total points will be the summed to determine the high point winners. There is no maximum limit of swims.

RECORDING OF AN EVENT:

- Only individuals that have made application and received authorization to record the event, in any manner, in any medium or context known or unknown or hereafter developed, shall be granted access and permission to do so. Please contact the meet manager for application and authorization.

COACHES REGISTRATION:

- Meet management will cross reference the list of coaches in attendance at this competition with the [Swim Ontario Compliancy list](#). If a coach is not on the list, meet management is obligated to enforce the SNC policy and not permit the coach to attend the meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.

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ACCOMMODATIONS:



Visitors Inn – 649 Main Street West, Hamilton, Ontario 1-800-387-4620 online: www.visitorsinn.com or e-mail: reservations@visitorsinn.com

This is the closest and most convenient hotel to the pool at McMaster University. It offers luxury at affordable prices.

ORDER OF EVENTS:

Saturday, February 18, 2017		
Warm Up*: 9:00 – 9:40 AM Start: 9:45 AM		
Girls	Event	Boys
101	50 Free	102
103	50 Breast	104
105	200 IM	106
107	100 Fly	108
109	200 Back	110
111	100 Free	112
113	200 Breast	114
115	200 Fly	116
117	100 Back	118
119	200 Free	120
121	100 Breast	122
123	50 Fly	124
125	50 Back	126

COMPETITION RULES:

- All current Swim/National Canada (SNC) rules will apply
- Sanctioned by Swim Ontario.
- Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in effect. Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion will be removed without warning from their first individual event following the warm-up period in which the violation occurred. The full document can be viewed [HERE](#).
- Only FINA approved swimwear is allowed in competition as per GR 5. The full details can be viewed [HERE](#)

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HAMILTON AQUATIC CLUB TERMS & CONDITIONS:

Meet management reserves the right to limit entries at their discretion to comply with Club policies and in order to balance the meet and ensure successful completion of the meet in accordance with Swim Ontario timelines.

Meet management reserves the right to combine girls and boys events in mixed gender seeding.

Fees for scratched entries that are made after the scratch deadline are still due. **Scratches must be reported 30 min prior to the 1st race of the session.** Meet Management reserves the right to scratch (with no refund) the remaining swimmer events (from that session) for a “no-show.”

Participating clubs are requested to provide officiating support during the sessions they attend. Please contact: Lisa Hodge (squarepegs1@yahoo.com)

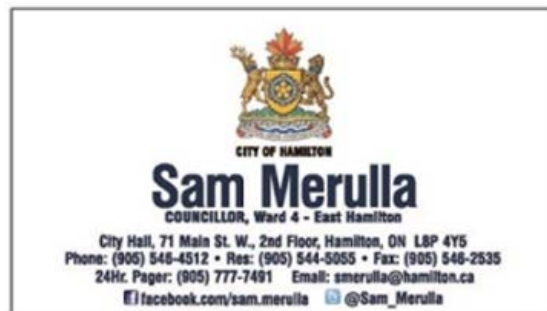
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Aquatic Event Guidelines

Welcome to McMaster University for your aquatic event! McMaster University hosts many athletic events as well as academic programmes. We appreciate your assistance in helping us maintain operations for students, faculty and facility members during your event by following the procedures and use guidelines listed below.

- Participants must use the Ivor Wynne Centre change rooms only. David Braley Athletic Centre change rooms are off limits to all participants.
- We recommend the use of locks on all lockers used by participants in the Ivor Wynne Centre change rooms.
- Athletes and officials are not permitted to use the elevators in the Ivor Wynne Centre or David Braley Athletic Centre unless they have a disability and cannot use the stairs.
- Participants and spectators must wear clothing and footwear at all times when not on the pool deck (swim suits alone are not permitted).
- Food is not permitted on the pool deck at any time for participant consumption with the exception of drinks provided for the officials working at the event.
- Glass of any kind is not permitted on the pool deck.
- Entries into the water must be foot first at all times with the exception of the last few minutes of the meet warm up (deep end only) and the actual competition.
- No diving off the starting blocks or bulkhead during warm-ups with the exception of the last few minutes of warmups as designated by the event officials.
- The use of flippers and hand paddles, during warm-ups is prohibited.
- Athletes that are not competing must remain in the pool area, pool gallery, change rooms or food concession areas only. Athletes are not to hinder the normal operation of the facility.
- Coaches are directly responsible for the supervision of their athletes at all times. This includes the pool area, change rooms, hallways and all other areas of the Ivor Wynne Centre and David Braley Athletic Centre.
- All buses and cars must be parked in appropriate parking lots.
- Please put trash and recycling items in the appropriate marked containers.

Thank you!