



# Hamilton Aquatic Club

*Celebrating 75 years of excellence in competitive swimming*



## Code of Conduct

As a member of the Hamilton Aquatic club I understand and will comply with the outlined guidelines set forth by the Hamilton Aquatic Club (HAC).

As a member of the HAC I am expected to conduct myself in a dignified and responsible manner at all times, maintaining respect and consideration towards my fellow teammates and coaches, other athletes, the public, aquatic facility staff and officials.

Infractions of the HAC code of conduct will be presented in confidence to the coaches and will result in the coach contacting the parents or guardians of the swimmer involved. This may or may not involve the executive of the Board of Directors depending on the severity of the infraction.

Each member of the HAC will be responsible for:

1. Any damages to property owned, rented, borrowed or leased by the HAC including but not limited to vehicles, aquatic facilities, hotel rooms and team equipment.
2. Co-operation with all staff in an atmosphere of trust and mutual respect.
3. Display commitment to excellence and maintain a positive attitude
4. Acting as Ambassadors for the club during practice, at meets or within the community
5. Refraining from any profanity
6. Refraining from any involvement with illegal drugs
7. Refraining from any involvement with smoking or other tobacco products
8. Refraining from any involvement/consumption of alcohol
9. Refraining from any belittling, humiliation, or bullying of teammates or other athletes, coaches or officials

Any additional guidelines for members of HAC will be established as needed by the Head Coach or Board of Directors in consultation with the Head Coach.



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## AGREEMENT AND CONSENT FORM

I have carefully read the Code of Conduct, understand it and agree to abide by it.

If I break the Code of Conduct I may be dismissed from practice pending a further review by the Board of Directors.

Swimmers Name \_\_\_\_\_ (please print)

Swimmer's Signature \_\_\_\_\_

Guardian's Signature \_\_\_\_\_

Date \_\_\_\_/\_\_\_\_/\_\_\_\_  
Day Month Year