

**2009-2010
Senior Group - May 2010**

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|-----------------------------------|--|-----------------------------------|---|--|
| 2 | 3 5:30-7:30am McMaster 5:00-7:00pm McMaster | 4 4:30-7:00pm McMaster | 5 5:30-7:30am McMaster 5:00-7:15pm McMaster | 6 4:30-7:00pm McMaster | 7 5:30-7:30am McMaster Sudbury 5:00-6:30pm McMaster | 8 OFF Sudbury |
| 9 Sudbury | 10 5:30-7:30am McMaster 5:00-7:00pm McMaster | 11 4:30-7:00pm McMaster | 12 5:30-7:30am McMaster 5:00-7:15pm McMaster | 13 4:30-7:00pm McMaster | 14 Jack Mac Meet & Charlotte | 15 Jack Mac Meet & Charlotte |
| 16 Jack Mac Meet & Charlotte | 17 5:30-7:30am McMaster 5:00-7:00pm McMaster | 18 4:30-7:00pm McMaster | 19 5:30-7:30am McMaster 5:00-7:15pm McMaster | 20 4:30-7:00pm McMaster | 21 5:30-7:30am McMaster 5:00-7:15pm McMaster | 22 OFF |
| 23 | 24 Off for Victoria day | 25 4:30-7:00pm McMaster | 26 5:30-7:30am McMaster 5:00-7:15pm McMaster | 27 4:30-7:00pm McMaster | 28 Mel Zajac & Ontario Seniors | 29 Mel Zajac & Ontario Seniors |
| 30 Mel Zajac & Ontario Seniors | 31 OFF | 1 | 2 | 3 | 4 | 5 |

Notes:

- 1- ESM Sudbury Team Trip May 7-9th
- 2- Jack McCormick Meet & Charlotte Ultra Swim May 14-16th
- 3-
- 4-
- 5-