

The 4th Annual
Ontario Aquatic
HALL of FAME
Meet

October 17-18, 2009

At the
ETOBICOKE OLYMPIUM

Presented by





SWIMMING/NATATION CANADA RISK MANAGEMENT / WARM-UP PROCEDURES 2005

During the designated warm-up period, the meet management committee shall be responsible for ensuring that all Risk Management/Warm-up procedures are followed. It is incumbent on all participants, i.e. meet management, coaches, swimmers, and officials to comply with these procedures. Non-compliance with these procedures will result in a warning or removal of the swimmer from the warm-up pool, and possible further reporting to meet management and the Referee for action under rule SW 2.1.1.

Meet management shall designate Safety Marshals to actively monitor the warm-up period in the competition pool and ensure compliance with these procedures. Safety Marshals should be notified of any disabled swimmers who are participating in warm-ups. Additional "practice" pools, if any, are to be supervised by lifeguards and coaches.

"Safety Marshals shall be responsible to the Referee for all aspects of safety related to conduct during the warm-up period and shall ensure that all appropriate warm-up procedures are followed." (CSW 2.13.1.5)

GENERAL WARM-UP RULES:

- Swimmers shall enter the water **FEET FIRST** in a cautious manner.
- **No Running on the pool deck or Diving from the side of the pool.**
- **Meet Management shall provide signage to indicate designated lane use during warm-up.**
- **Notices/barriers shall be placed on starting blocks to prevent diving during the general warm-up.**
- **Diving Starts are only permitted in designated Sprint Lanes during the warm-up period.**
- **Lanes shall be open primarily for 'Circle Swimming' during the General warm-up period.**
- **Coaches and swimmers shall allow Backstrokers & SWAD the 'right of way' for safety purposes.**
- **Meet Management may designate a Sprint Lane(s) and/or a Pace Lane(s) throughout the general warm-up period.**

SPECIFIC/SPRINT WARM-UP PERIOD:

- **Sprint and Pace lanes must be opened for at least the last 30 minutes of warm-ups or as designated by meet management.**
- **Outside Lanes should be designated as Sprint Lanes.**
- **Only 'one-way' swimming shall be permitted in Sprint Lanes.**
- **Sprint Lanes, Pace Lanes, and Circle Swimming lanes shall be clearly marked with signage.**

The following statement shall appear in the meet information and in posted notices:
"SNC WARM UP PROCEDURES WILL BE IN EFFECT AT THIS MEET".

EQUIPMENT:

- **FLUTTER BOARDS and PULLBUOYS are allowed.**
- **HAND PADDLES and FLIPPERS (ZOOMERS) are NOT ALLOWED.**

SNC Board Approved
July 6, 2005

Entry Procedures

To submit entries:

1. Please use www.swimmeet.ca to submit entries.

OR

- 1 Use our web site www.eswim.ca Click on "Etobicoke Hosted Meets" or the meet link posted on the front page to download the Hy-Tek Events file for the meet.
- 2 Send entries to sdg9@rogers.com Please ensure all entries contain valid Swim Ontario registration numbers

~ You will be sent confirmation of receipt of your entries ~

Meet Results

Meet results will be provided in the following manner:

- 1 **Live Results** will be available on our web site each day through a link on the front page.
2. At the conclusion of the meet Full Publication Order results and a Hy-tek results file will be posted on the front page and through the "Meet Results" link.
3. Results will be forwarded to swimmeet.ca within 24 hours of the completion of the meet.

2009 Hall of Fame Meet

- Date:** October 17-18, 2009
- Hosted By:** Etobicoke Swimming
- Location:** Etobicoke Olympium
590 Rathburn Road
Toronto, Ontario
- Facility:** Two 8-Lane 25 metre competition pools with electronic timing.
- Sanctioned By:** Swim Ontario.
All current SNC Rules and Warm up Procedures will be followed.
- Qualifying Stds:** No qualifying times. Please submit times electronically for seeding purposes.
- Pre-requisites:** All 14 & U swimmers must have achieved Meet Pre-Requisite times to be eligible to compete.
- Session Times:** 14 & Over Warm-up: 8:00 am Start: 9:00 am
13 & Under Warm-up: 12:30 pm Start: 1:30 pm
Meet management reserves the right to adjust session times.
- Entry Deadline:** All entries must be received by Oct. 14, 2009.
All entries must include valid Swim Ontario registration numbers.
Submit entries swimmeet.ca or Steve Goodwin sdg9@rogers.com .
- Entry Fees:** **\$7.50 per event. \$0.50 per swim goes to support the Hall of Fame.**
There are no limits to the number of swims per swimmer.
All costs include GST #125328625.
Please make cheques payable to ETOBICOKE SWIMMING.
- Meet Notes:** All age groups will be seeded together within each session.
Results will be posted and awards presented for the age groups listed below under "Awards"
Events 29 and 30 (200 IM) are for 11- 13 years old swimmers only.
Events 31 and 32 (100 IM) are for 10 and under swimmers only
BELL PRIZES will be awarded.
- Awards:** Ribbons will be awarded to the top eight swimmers in each event for each age group shown below:
- | <u>14&O Session</u> | <u>13&U Session</u> |
|-------------------------|-------------------------|
| 16 & Over | 13 years |
| 14-15years | 12 years |
| | 11 years |
| | 10 & Under |
- Meet Manager:** Janice Charles 416-622-0154

2009 Hall of Fame Meet

Order of Events

14 & Over					
Warm-up: 8:00 am					
Start: 9:00 am End: 12:30 pm					
Saturday			Sunday		
Women	Event	Men	Women	Event	Men
1	100 Fly	2	11	100 Free	12
3	50 Back	4	13	50 Breast	14
5	100 Breast	6	15	100 Back	16
7	50 Free	8	17	50 Fly	18
9	200 I.M.	10	19	200 Free	20

13 & Under					
Warm-up: 12:30 pm					
Start: 1:30 pm End: 5:30 pm					
Saturday			Sunday		
Girls	Event	Boys	Girls	Event	Boys
21	100 Fly	22	33	100 Free	34
23	50 Back	24	35	50 Breast	36
25	100 Breast	26	37	100 Back	38
27	50 Free	28	39	50 Fly	40
29	200 I.M.	30	41	200 Free	42
31	100 I.M.	32			

Pre-Reqs	
Event	14&U
200 IM	6:00.00
400 Free	9:00.00



ETOBICOKE OLYMPIUM AQUATIC EVENT PROCEDURES FOR MEET MANAGERS, OFFICIALS AND COACHES

1. The Olympium Part Time Supervisor will be responsible for handling any problems that arise with space allocation or safety during the meet.
2. Absolutely no food in the bleachers or on the pool deck with the exception of drinks provided for the officials working during the event.
3. No running on the deck, under the bleachers or on the bleachers.
4. No climbing across the railing between the gallery and the bleachers.
5. No climbing over the yellow gates between the pool deck and the bleachers.
6. Shoes must be worn whenever outside the pool or change room areas.
7. No diving off the starting blocks or bulkhead during warm-ups. Please slip or jump into the pool. It is recommended to designate lanes one and eight as sprint lanes in one direction only, for the last part of warm-ups.
8. The use of flippers and hand paddles, during warm-ups is prohibited.
9. Swimmers that are not competing are not to be in other areas of the building, and are not to upset the normal operation of the other departments.
10. **Coaches are directly responsible for the supervision of their athletes at all times. This includes the pool area, change rooms, hallways and all other areas of the Etobicoke Olympium.**